
















Banner Olive Branch MENU | April 2024 | All Meals are Prepared Fresh Daily in our Kitchen.

MON	TUE	WED	THU	FRI				
<div>1</div> <div>Baked Salmon with a roasted bell pepper sauce, roasted brussel sprouts and a tomato and chickpea couscous salad</div> <div></div>	<div>2</div> <div>Herb Chicken with homemade cream sauce with carrots, kale, edamame and quinoa</div> <div></div>	<div>3</div> <div>Sweet and Sour Pork with peppers, pineapple and an Oriental Vegetable Mix in a homemade sauce with brown rice</div> <div></div>	<div>4</div> <div>Shredded Beef Soft Tacos with Bermuda Mixed Vegetables and Pinto Beans with bell peppers</div> <div></div>	<div>5</div> <div>Cold Pastrami Slider with shredded lettuce and Cucumber & Tomato Salad and potato chips</div> <div></div>				
<div>8</div> <div>Lemon Popcorn Chicken with homemade sauce, oriental mixed vegetables with snow peas and brown rice</div> <div></div>	<div>9</div> <div>Pork Roast with Sauerkraut, carrots, sweet potatoes and a roll</div> <div></div>	<div>10</div> <div>Sloppy Joes with Bermuda mixed vegetables and wedge potatoes</div> <div></div>	<div>11</div> <div>Cheese and Spinach tortellini in a sundried tomato cream sauce, with Normandy mixed vegetables and peas</div> <div></div>	<div>12</div> <div>Chicken, mozzarella and artichoke salad with lettuce, tomatoes, and potato chips</div> <div></div>				
<div>15</div> <div>Pork Chop with warm apples, broccoli, roasted sweet potato and a roll</div> <div></div>	<div>16</div> <div>Southwest Chicken with corn relish, Spanish rice with peppers, tomatoes and a Caribbean vegetable mix</div> <div></div>	<div>17</div> <div>Burnt End brisket with baby baked potatoes, carrots and a roll</div> <div></div>	<div>18</div> <div>White fish in a handmade white wine sauce, asparagus, rice pilaf and Scandinavian vegetable mix</div> <div></div>	<div>19</div> <div>Cold Roast Beef Sub with potato salad and potato chips</div> <div></div>				
<div>22</div> <div>Garlic Shrimp in Cilantro Cream Sauce with brown rice and cauliflower</div> <div></div>	<div>23</div> <div>Meatballs in Marinara sauce with pasta, asparagus and Bermuda mixed vegetables</div> <div></div>	<div>24</div> <div>Chicken Spinach Salad with cranberries, feta cheese and red onion served with shredded carrots and a roll</div> <div></div>	<div>25</div> <div>BBQ Pork with homemade smokey macaroni & cheese, green beans and carrots</div> <div></div>	<div>26</div> <div>Tuna Sald with carrots and bell peppers in pasta salad with potato chips</div> <div></div>				
<div>29</div> <div>Baked Ziti in Meat Sauce with Brussel sprouts and Carribean mixed vegetables</div> <div></div>	<div>30</div> <div>Chicken with homemade gravy, brown rice, carrots and cauliflower</div> <div></div>	<div><div>MEMBER LUNCH</div><div>(Age 60 and older)</div><div>11:00am-12:00pm</div><div>\$5.00 Suggested Contribution</div></div> <div><div>GUEST LUNCH</div><div>(Under age 60)</div><div>Cost: \$7.00</div></div>			<div><div>BREAKFAST</div><div>6:30 am – 8:30am</div><div>Cost: \$4.00</div></div> <div><div>TO GO MEAL</div><div>\$5.00</div></div> <div><div>*Fresh milk and seasonal fruit are also provided with all meals.</div></div>		<div><div>"Happiness is sharing good food with good friends."</div></div> <div><div>Banner</div><div>Olive Branch Senior Center</div></div>	

Banner Olive Branch Activities Calendar | April 2024

MON	TUE	WED	THU	FRI
<div>1</div> <div>9:30am-1:00pm ClipDart Haircutting</div> <div>10:00-10:45 Exercise 2nd floor</div> <div>12:00-2:00- Games & Social Time</div>	<div>2</div> <div>10:00-11:00 Computer Class YouTube- you can learn anything.</div>	<div>3</div> <div>10:00-10:45- Bingo Dining room</div> <div></div>	<div>4</div> <div>9:00-10:00-Support group "How to contain anxiety and worry"- 6 week program- sign up required</div> <div></div>	<div>5</div> <div>10:00-10:45 Exercise 2nd floor</div>
<div>8</div> <div>10:00-10:45-Exercise 2nd floor</div> <div>12:00-2:00- Games & Social Time</div>	<div>9</div> <div>9:30-11:00 Medicare support</div> <div>10:00-11:00 Computer Class Title Fraud Prevention</div>	<div>10</div> <div>8:00-12:00 Medicare Support</div> <div>10:00-10:45 Bingo Dining Room</div>	<div>11</div> <div>9:00-10:00-Support group "How to contain anxiety and worry"</div> <div>12:30-2:30-Movie </div> <div>1:00-2:00 Lawyer- by appointment</div>	<div>12</div> <div>10:00-10:45 Exercise 2nd floor</div>
<div>15</div> <div>9:30-10:30 Computer Class Special Event</div> <div>10:00-10:45 Exercise</div> <div>12:00-2:00- Games & Social Time</div>	<div>16</div> <div>9:30-11:00 Medicare support </div> <div>11:00: Monday Group-Blue Grass/country western band</div>	<div>17</div> <div>8:00-12:00 Medicare support</div> <div>10:00-10:45 Bingo Dining room</div>	<div>18</div> <div>9:00-10:00-Support group "How to contain anxiety and worry"</div> <div>1:00-2:00 Lawyer- by appointment</div>	<div>19</div> <div>10:00-10:45 Exercise 2nd floor</div>
<div>22</div> <div>10:00-10:45 Exercise 2nd floor</div> <div>12:30-2:00 Low Vision Social Group</div> <div>12:00-2:00- Games & Social Time</div>	<div>23</div> <div>9:30-11:00 Medicare support</div> <div>10:00-11:00 Computer Class Facebook 101 </div>	<div>24</div> <div>8:00-12:00 Medicare Support</div> <div>10:00-10:45 Bingo Dining room</div>	<div>25</div> <div>9:00-10:00-Support group "How to contain anxiety and worry"</div> <div>12:30-2:30-Movie </div> <div>1:00-2:00 Lawyer- by appointment</div>	<div>26</div> <div>10:00-10:45 Exercise 2nd floor</div>
<div>29</div> <div>10:00-10:45 Exercise 2nd floor</div>	<div>30</div> <div>9:30-11:00 Medicare support </div> <div>10:00-11:00 SPECIAL EVENT: Computer Class - Online Dating</div>	<div></div> <div>8:00-12:00 Medicare support</div> <div>10:00-10:45Bingo Dining room</div>	<div></div>	

Free Food Pantry Open

7:00am-10:00am

Our Food Pantry is available to anyone 18 and older.

We are a St. Mary's Food Bank Partner

Computer Lab

Open Daily 9:00am-2:00pm

Monthly computer classes offered.

Sign up at the 2nd floor reception desk.

Transportation is available.

Visit the Monday Menders

Mondays 10:00-11:30

Bring a clean item for mending by skilled sewers from the Sew-n-Sew Club.



Banner Olive Branch Senior Center
13049 N. 103rd Avenue
Sun City, AZ 85351
623.465.6000
www.BannerHealth.com/OliveBranch