



**Banner Health®**

Community Wellness Clinics  
480-797-8323

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## Community Wellness Clinics Offer Free Screenings

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### Our Mission

Banner Health's mission is to make a difference in people's lives through excellent patient care. The role of our Community Wellness Clinics in the East Valley is to improve the lives of our community's residents through free wellness screenings and health education. These screenings are provided by a registered nurse with experience in emergency medicine and health promotion. Banner Health wellness volunteers often assist at community clinics.

### Complimentary Health Screenings

Free screenings are offered daily at a variety of community sites. Screenings include:

- Blood Pressure
- Pulse
- Weight
- Diabetic Screening
- Blood Oxygen

For a complete listing of locations, please refer to the reverse side of this fact sheet.

### Health Education

At each clinic, a variety of health information is available. Our community wellness nurse can answer questions and provide teaching referrals as needed for specific health needs.

She often assists organizations in scheduling speakers on a variety of health topics.

Participants receive a health record to keep with them to provide health information to physicians and other health care providers.

### Community Resource Referrals

Talking with our community wellness nurse also gives participants the opportunity to learn about Banner Health programs and services to improve their health. Some of the many referrals available include:

- Senior Resources
- Physician referrals
- Program referrals
- Hospital referrals
- Home health resources
- Home medical equipment
- Hospice programs
- Grief and bereavement counseling
- Support groups

### Medical Center Support

The Clinics are supported by Banner Health's East Valley hospitals, including Banner Heart Hospital, Banner Baywood Medical Center, Banner Desert Medical Center and Banner Gateway Medical Center.

## Community Wellness Locations

### **Apache Junction Senior Center**

1177 N. Idaho Road, Apache Junction  
2nd & 4th Monday, 9-11 a.m.

### **Apache Wells (Room C)**

2274 N. 56th Street, Mesa  
1st & 3rd Monday, 9-11 a.m.  
(1st Monday only during summer)

### **Carriage Manor (Classroom)**

7550 E. Broadway, Mesa  
2nd & 4th Thursday, 9-11 a.m.

### **Discovery Point Retirement Apartments**

6210 E. Arbor Avenue, Mesa  
1st & 3rd Tuesday, 1-3 p.m.

### **East Mesa Senior Center (Room H)**

7750 E. Adobe Road, Mesa  
1st & 3rd Tuesday, 9-11 a.m.

### **Fountain of the Sun (Card Room)**

540 S. 80th Street, Mesa  
1st Friday, 9-11 a.m.

### **Good Shepherd**

5848 E. University, Mesa  
2nd & 4th Friday, 1-3 p.m.

### **Holiday Village (Holiday House)**

701 S. Dobson Road, Mesa  
4th Tuesday, 1:30–3:30 p.m.

### **Lost Dutchman Park (Craft Room)**

10936 E. Apache Trail, Apache Junction  
2nd & 4th Friday, 9-11 a.m.

### **Merrill Gardens of Mesa**

7231 E. Broadway, Mesa  
2nd Tuesday, 1-3 p.m.

### **Merrill Gardens of Chandler**

750 S. Pennington Drive, Chandler  
2nd Thursday, 1-3 p.m.

### **Springdale**

7255 E. Broadway Road, Mesa  
1st & 3rd Friday, 1-3 p.m.

### **Sunland Springs Village (Superstition Room)**

11214 E. Laguna Azul Drive, Mesa  
3rd Friday, 9-11 a.m.

### **Sunland Village East (Saguaro Room)**

2145 S. Farnsworth Road, Mesa  
1st Thursday, 9-11 a.m.

### **Sunrise Village**

5402 E. McKellips Road, Mesa  
1st Thursday, 1-3 p.m.

### **Superstition Springs Mall (Middle Court)**

65555 E. Southern Avenue, Mesa  
Every Wednesday, 8:30 a.m.—2 p.m.

### **Verde Groves**

4202 E. Broadway, Mesa (gated)  
2nd and 4th Tuesday, 9-11 a.m.

### **Westchester Villa**

6150 S. Rural Road, Tempe  
2nd Thursday, 9-11 a.m.

## Seasonal Clinics

### **Fiesta RV Park (TV Room)**

540 S. 80th Street, Mesa  
3rd Thursday, 1-3 p.m.  
October — April only

### **Val Vista Village (Ballroom)**

233 N. Val Vista Road, Mesa  
3rd Monday, 1-3 p.m.  
October — April only