



Banner Health®

Community Wellness Clinics
480-797-8323

Community Wellness Clinics Offer Free Screenings

Our Mission

Banner Health's mission is to make a difference in people's lives through excellent patient care. The role of our Community Wellness Clinics in the East Valley is to improve the lives of our community's residents through free wellness screenings and health education. These screenings are provided by a registered nurse with experience in emergency medicine and health promotion. Banner Health wellness volunteers often assist at community clinics.

Complimentary Health Screenings

Free screenings are offered daily at a variety of community sites. Screenings include:

- Blood Pressure
- Pulse
- Weight
- Diabetic Screening
- Blood Oxygen

For a complete listing of locations, please refer to the reverse side of this fact sheet.

Health Education

At each clinic, a variety of health information is available. Our community wellness nurse can answer questions and provide teaching referrals as needed for specific health needs.

She often assists organizations in scheduling speakers on a variety of health topics.

Participants receive a health record to keep with them to provide health information to physicians and other health care providers.

Community Resource Referrals

Talking with our community wellness nurse also gives participants the opportunity to learn about Banner Health programs and services to improve their health. Some of the many referrals available include:

- Senior Resources
- Physician referrals
- Program referrals
- Hospital referrals
- Home health resources
- Home medical equipment
- Hospice programs
- Grief and bereavement counseling
- Support groups

Medical Center Support

The Clinics are supported by Banner Health's East Valley hospitals, including Banner Heart Hospital, Banner Baywood Medical Center and Banner Gateway Medical Center.

Community Wellness Locations

Apache Junction Senior Center

1177 N. Idaho Road, Apache Junction
2nd & 4th Monday, 9-11 a.m.

Apache Wells (Room C)

2274 N. 56th Street, Mesa
1st & 3rd Monday, 9-11 a.m.
(3rd Monday only during summer)

Carriage Manor (Classroom)

7550 E. Broadway, Mesa
2nd & 4th Thursday, 9-11 a.m.

Discovery Point Retirement Apartments

6210 E. Arbor Avenue, Mesa
1st & 3rd Tuesday, 1-3 p.m.

East Mesa Senior Center (Room H)

7750 E. Adobe Road, Mesa
1st & 3rd Tuesday, 9-11 a.m.

Fountain of the Sun (Card Room)

540 S. 80th Street, Mesa
1st Friday, 9-11 a.m.

Good Shepherd

5848 E. University, Mesa
2nd & 4th Friday, 1-3 p.m.

Holiday Village (Holiday House)

701 S. Dobson Road, Mesa
4th Tuesday, 1:30–3:30 p.m.

Lost Dutchman Park (Craft Room)

10936 E. Apache Trail, Apache Junction
2nd & 4th Friday, 9-11 a.m.

Merrill Gardens of Mesa

7231 E. Broadway, Mesa
2nd Tuesday, 1-3 p.m.

Springdale

7255 E. Broadway Road, Mesa
1st & 3rd Friday, 1-3 p.m.

Sunland Springs Village (Superstition Room)

11214 E. Laguna Azul Drive, Mesa
3rd Friday, 9-11 a.m.

Sunland Village East (Saguaro Room)

2145 S. Farnsworth Road, Mesa
1st Thursday, 9-11 a.m.

Sunrise Village

5402 E. McKellips Road, Mesa
1st Thursday, 1-3 p.m.

Superstition Springs Mall (Middle Court)

65555 E. Southern Avenue, Mesa
Every Wednesday, 8:30 a.m.—2 p.m.

Verde Groves

4202 E. Broadway, Mesa (gated)
2nd and 4th Tuesday, 9-11 a.m.

Westchester Villa

6150 S. Rural Road, Tempe
2nd Thursday, 9-11 a.m.

Seasonal Clinics

Fiesta RV Park (TV Room)

540 S. 80th Street, Mesa
3rd Thursday, 1-3 p.m.
October — April only

Las Sendas Trailhead Country Club

7900 E. Eagle Crest Drive, Mesa
4th Tuesday, 1 to 3 p.m.
October—April only

Palmas Del Sol

6209 E. McKellips Road, Mesa
2nd Thursday, 1 to 3 p.m.
October—April only

Palmas Del Sol East

3400 S. Ironwood Drive, Apache Junction
2nd Monday, 1 to 3 p.m.
October—April only

Val Vista Village (Ballroom)

233 N. Val Vista Road, Mesa
3rd Monday, 1-3 p.m.
October — April only