

Banner Thunderbird Behavioral Health Center

5555 W. Thunderbird Road
Glendale, Arizona 85306

24-hour Help Line: 1-800-254-HELP (4357)

www.BannerHealth.com



Banner Thunderbird
Behavioral Health Center

*Adult Intensive Outpatient
Chemical Dependency Programs*

Glendale



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Banner Health does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment.



Recovery IS possible!

We feel extremely confident in the assessment and treatment of alcoholism and other drug addictions. In our **Intensive Outpatient Program (IOP)** our therapists are Master Level, State Licensed and many are actively working their own recovery programs.

Our primary goal is to *“get into the solution.”*

The solution includes becoming fully functional in AA, NA, CA (Alcoholics Anonymous, Narcotics Anonymous, Cocaine Anonymous.)

Group therapy provides education on addiction as a disease; craving management skills, relapse prevention and 12-step education. In this program, we teach the skills and provide the tools necessary for lifelong recovery. Random urine drug screens are also provided.



(IOP – CD)

Eight (8) Weeks

Twenty-four (24) Sessions

Day Groups

Monday - Wednesday - Thursday
9:00 am – Noon or 1:00 pm – 4:00 pm

Evening Groups

Monday - Wednesday - Thursday
6:00 pm – 9:00 pm

For more information and/or to register call:

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1-800-254-HELP or
602-254-4357

Family Involvement

Monday is family day when adult or adolescent family members attend with the group member. Alcoholism and drug addiction are also family illnesses. Families can and do heal together with the proper guidance. Unrealistic expectations of each other can be a challenge in recovery. Sometimes basic communication skills and having an accurate picture of what recovery entails can ease the most troubled situations.

Relapse Prevention

Upon graduation from IOP, we provide, at no additional charge, continuing support in our **Relapse Prevention Group.**