



Banner Desert®
Medical Center



1400 S. Dobson Rd.
Mesa, AZ 85202
480-512-3000
www.bannerhealth.com

Banner Desert Heart Center

Excellent care - to keep your life in rhythm

The experienced cardiology team at Banner Desert Medical Center provides comprehensive and progressive care in a safe and compassionate environment -- to keep your heart healthy and your mind at ease.

Banner Desert has one of the largest and most comprehensive cardiac care programs in Arizona. Diagnostic testing, cardiac catheterization, pacemaker implants and open-heart surgery are among the many procedures available to patients.

Our experienced heart care professionals combine compassionate, holistic and personalized care with the most technologically advanced treatment options to provide excellent heart care to each patient.

Meeting the East Valley's cardiac needs

The Banner Desert Heart Center has a total of 72 private rooms, including 56 for heart monitoring and 16 for cardiac catheterization recovery.

To help ease the stress of a heart procedure, we have created a home-like atmosphere for patients and staff of the heart center. Our patient rooms have soothing wall colors and indirect lighting to

provide a restful environment. Each patient room has an adjoining outside patio area. From the time of admission to the day you go home, our focus is on each patient's personal needs, comfort, convenience and safety.

Healing Environment

Our healing environment centers on the family, which plays a major role in our patients' recovery. We encourage family members to be involved in the plan of care and we offer round the clock access to their loved one.

Two family sleep rooms are available to allow families to stay close to patients during critical times. Each of the sleep rooms is equipped with a shower, two sofa beds, a TV/VCR and telephone, offering a soothing atmosphere where families can get some much-needed rest and relaxation. We also have special family kitchens on each unit and we encourage families to cook for patients and serve family dinners in the adjacent dining rooms.

An education/consultation room is available for private discussions and educational opportunities between families and members of the care team, including physicians, nurses, social workers, case managers and other clinical staff.

We exist to make a difference in people's lives through excellent patient care.

Banner Desert Heart Center offers the following diagnostic and treatment services:

Cardiovascular Surgery Center

Three operating suites and seven cardiovascular ICU beds are dedicated to the care of patients undergoing surgical heart procedures. These include a variety of open-heart surgeries, including coronary artery bypass grafts, the most common open-heart procedure, which creates a new route for blood to flow to the heart muscle. New, state-of-the-art procedures for valve replacements, minimally invasive surgery and procedures performed without the use of a heart-lung machine.

Intensive Care

For patients who need constant monitoring and care, the hospital's adult intensive care units provide the highest level of medical care. Nurses are highly skilled to handle the most complicated medical conditions and provide education to patients and their families.

Cardiac Catheterization

These procedures are performed in the hospital's cardiac catheterization laboratory. The physician is able to diagnose and repair the heart by inserting a tube, or catheter, through a small incision in the arm or groin. The most common procedures include angiography, angioplasty, coronary atherectomy, coronary stents, electrophysiology and valvuloplasty.

Diagnostic Testing

We provide a variety of diagnostic tests to determine the existence or extent of heart disease. The most common tests include echocardiography, a painless technique that sends sound waves into the chest to produce a moving picture of the heart and heart valves, and electrocardiography or EKG, which measures the electrical activity in a heart beat. There are a number of other diagnostic tests, including laboratory tests, cardiac stress tests, nuclear cardiology and electrophysiology.

Bouncing Back with a Healthy Heart

The Cardiac Rehabilitation program at the Banner Desert Heart Center helps heart patients return to productive, active and satisfying lifestyles. Our team of professionals offer a medically supervised program consisting of three phases designed to meet a patient's individual physical and educational needs.

These procedures are performed in the hospital's cardiac catheterization laboratory and allow the physician to diagnose and repair the heart by inserting a tube or catheter through a small incision in the arm or groin. The most common procedures include angiography, angioplasty, coronary atherectomy, coronary stents, electrophysiology and valvuloplasty.

Finding the Right Doctor

230-CARE is Banner's complete physician referral and resource line. It's the number to call for information about Banner Health physicians, programs, events and much more. We can help you select the doctor who best meets your needs, from a general practitioner to a specialist, close to your work or home. We'll even help you make an appointment while you are on the phone. Simply call (602) 230-CARE(2273).

Banner Desert Heart Center is conveniently located at Banner Desert Medical Center on the southwest corner of Southern Avenue and Dobson Road next to Highway US 60 in Mesa. Visit our website: www.bannerhealth.com

Banner Desert at a Glance:

- 611 licensed beds, including 122 dedicated to children
- 1,200 physicians, representing 65 specialties
- 3,500 nurses and support personnel
- 40,000 inpatients annually
- 65,000 outpatients annually
- 95,000 Emergency Department visits (busiest in Arizona and top 5 percent in US)
- Ranked Most Preferred Medical Center in the Maricopa County 6 consecutive years by West Track