



Banner Medical Clinic
Aspen Allergy

ANTI-HISTAMINES THAT MAY INTERFERE WITH YOUR SKIN TESTING

DO NOT TAKE 3 DAYS PRIOR TO YOUR APPOINTMENT

OVER THE COUNTER HISTAMINE BLOCKERS:

- Actifed Cold and Allergy/ Sinus
- Advil Allergy Sinus
- Alavert
- Alka-Seltzer
- BC Allergy Sinus Cold Powder
- Benadryl (all formulations)
- Chlorpheniramine
- Chlortrimeton
- Claritin (all formulations)
- Comtrex
- Contac Severe Cold and Flu
- Coricidin
- Dimetapp Cold and Allergy/ Cough
- Drixoral
- Loratidine
- PediaCare
- Percogesic
- Robitussin
- Singlet Caplets
- Sinutab Sinus Allergy
- Tavist
- TheraFlu
- Triaminic
- Tylenol Cold Formulations
- Vicks 44M Cough, Cold and Flu
- NyQuil

ANTI-HISTAMINES & COMBINATIONS: TYPE II

- Pepcid (all formulations)
- Tagamet (all formulations)
- Zantac- generic Ranitidine (all formulations)
- Axid (all formulations)

PRESCRIPTION ANTI-HISTAMINES & COMBINATIONS

- Allegra- generic Fexofenadine (all formulations)
- Astelin Nasal Spray
- Atarax
- Clarinex
- Hydroxyzine
- Periactin
- Vistaril
- Zyrtec

*Look at your medications – they may have a combination of active ingredients. Discontinue those containing any of the following generic medications, particularly the over the counter medications for allergy, sleep and colds. Discontinue those containing the following generic medications:

Azelastine	Chlorpheniramine	Famotidine	Meclizine	Pyrilamine
Brompheniramine	Cimetidine	Fexofenadine	Nizatidine	Ranitidine
Carbetapentane	Cyproheptadine	Hydroxyzine	Phenergan	Triprolidine
Cetirizine	Diphenhydramine	Loratidine	Prochlorperazine	

*Some other medications can also suppress skin tests. These are listed below, but **should NOT be discontinued** without your physician’s advice. Please notify us if you are taking any of the following:

Desipramine	Norpramin	Sinequan	Triminpramine
Doxepin	Protriptyline	Surmontil	Vivactil

*The following medications are **OK to continue**:

Accolate, Nasal Steroids (Flonase, Nasonex, Nasacort, Rhinocort), Nasalcrom, Singulair (all formulations)
ALL asthma inhalers