



Banner Health

Sterling Regional® MedCenter

NUCLEAR MED PREP

Patient's Name: _____

Procedure Ordered: _____

Appointment Date: _____ Time: _____

Ordering Physician: _____

Reason for Exam: _____

Welcome to the Medical Imaging Department! The following instructions are to be followed to prepare you for the procedure your doctor has ordered. It is necessary for you to understand and follow these instructions in order for the exam to be more comfortable. If you have any questions or problems, please call (970) 521-3154.

- **NM BONE SCANS:** All bone scans should be well hydrated prior to injection for Bone Scan.
- **NM CARDIAC STUDIES HAVE SPECIFIC PREPS:** Please refer to instruction forms.
- **NM GASTRIC EMPTYING SCANS:** Nothing to eat or drink for 4 hours prior to examination (No smoking, chewing, or taking medication).
- **NM GI BLEED:** We only need to know if patient has had a blood transfusion within the past 2 hours.
- **NM LIVER SPLEEN SCAN:** No prep.
- **NM LUNG SCAN:** No prep.
- **NM MEKELS SCAN:** Nothing to eat or drink for 6 hours prior to exam.
- **NM HIDA SCAN:** Nothing to eat or drink for 4 hours prior to exam. No narcotics 4 hours prior to exam.
- **NM THYROID SCAN:**
 - 1) Patient needs to be off thyroid medications 5 – 6 weeks prior to exam.
 - 2) Patient should have no x-rays with contrast for 3 weeks.
 - 3) Patient must be NPO 4 hours prior to exam.
- **NM RENAL SCAN WITH LASIX WASHOUT:** Patient should be well hydrated and drink 16 oz. of water, 30 minutes prior to exam.
- **NM RENAL SCAN WITH CAPTOPRIL:** Patient needs to be fasting 6 hours prior to exam and hydration is recommended.
- **NM I 131 WHOLE BODY METASTATIC SCAN:** Nothing to eat or drink for 4 hours prior to exam. Scan is usually done 48 hours post dose given.
- **NM 111 WBC SCAN:** No prep.
- **PARATHYROID SCAN:** No prep.
- **GALLIUM SCAN:**
 - 1) No Barium procedures within the past 48 hours.
 - 2) No other prep, except eat lightly during those 48 hours.