



Banner Boswell
Medical Center

Rehabilitation Services

From post-operative orthopedic care to therapy for specific deficits and conditions, Banner Boswell Medical Center serves patients with a wide range of rehabilitative needs, including:

- **Cardiac and Pulmonary Rehabilitation**
Utilizes monitored exercise therapy and educational programs to improve functional independence of clients following cardiac or pulmonary events.
- **Occupational Therapy**
Helps clients with cognitive, sensory and motor disabilities master the skills to perform activities such as grooming or dressing. Our therapists also are specially trained to deal with injury or surgery to the hand or arm.
- **Physical Therapy**
Uses treatments such as exercise, joint mobilizations and functional training to help clients with dysfunction or pain related to musculoskeletal or nervous systems.
- **Speech-Language Therapy**
Helps clients with speech and language difficulties. Clients who have slurred, slow or hard-to-understand speech, difficulty swallowing or who have suffered a stroke or other brain injury may benefit from Speech-Language Therapy.

Banner Boswell provides rehabilitation for a wide variety of conditions with a special focus on those faced by seniors. Some of our specialty programs include:

- Cardiac Rehabilitation
- Hand Therapy
- Vestibular and Balance Rehabilitation/
Fall Prevention
- Orthopedic Rehabilitation
- Aphasia therapy for speech difficulties

For more information or to schedule an appointment, please contact us at:

- **Physical Therapy**
Occupational Therapy
Speech Therapy
(623) 876-5349
- **Cardiac Rehabilitation**
(623) 876-5390



Cardiac Rehabilitation

A healthy lifestyle helps maintain a healthy heart. That's why Banner Boswell Medical Center has an extensive cardiac rehabilitation program to help patients with heart conditions live healthier lives.

Our cardiac rehabilitation physiologists provide a comprehensive exercise therapy and educational program. The goal is to improve each patient's heart performance through exercise, educate how to identify and modify coronary risk factors and encourage lifestyle changes to reduce the risk of future cardiac events.

Hand Therapy

Our Occupational Therapy department includes a certified hand therapist who specializes in the care of injuries to the wrist and hand. Conditions commonly treated by our hand therapist include:

- Post-surgical rehabilitation
- Orthopedic splint fabrication
- Fractures and other trauma
- Nerve and soft tissue injuries
- Arthritic conditions



Vestibular and Balance Rehabilitation/ Fall Prevention

Our physical and occupational therapists provide specialized treatment for vestibular and other balance-related disorders, including benign paroxysmal positional vertigo.

Our therapists evaluate and treat patients at risk for falls and fall-related injuries that can occur from a variety of neurological and orthopedic conditions. This program provides at-risk clients with the necessary skills and resources to be free from falls.

Orthopedic Services

Our clinicians specialize in the rehabilitation of surgical and non-surgical orthopedic conditions of the spine and extremities including:

- Post-operative recovery of total joint replacement, spine surgery and tendon or ligament reconstruction of the upper and lower extremities
- Sports and overuse injuries
- Degenerative conditions

Aphasia Therapy

Speech-language pathologists provide focused care to patients who have absent or difficulty with speech as well voice quality or volume difficulties that can be related to neurological injuries, trauma or other conditions affecting proper speech mechanisms.