



Banner Health

North Colorado  
Medical Center

C. DIFF COLLECTION INSTRUCTIONS FOR PATIENT

Collection container: Sterile container (**most will have a blue top**)

1. Obtain the correct collection container (listed above). Make sure the label contains the following information:

- A. NAME: last, first
- B. DOB OR SOCIAL SECURITY NUMBER
- C. DATE: month, day, year
- D. TIME: include p.m. or a.m.

\*make sure the date and time is when the specimen is collected

- 2. The stool should first be collected in a clean dry container to avoid contamination from urine and toilet paper. This can be done by using a clean plastic bag placed into a waste basket, a clean margarine or butter container, any clean wide mouth jar or a bed pan.
- 3. Once the stool is obtained it needs to be placed into the sterile container (**blue top**). The volume required is equal to the size of a pea or a tablespoon. Once the stool is placed into the container make sure the cap is sealed tight.
- 4. After the collection is completed bring the container to the Laboratory at the Main Hospital or Summit View Medical Commons as soon as possible. The specimen should be refrigerated and is good for 24 hours.
- 5. Please call the laboratory at 970-350-6400 with any additional questions.