



Banner Health

North Colorado
Medical Center

OCCULT BLOOD COLLECTION INSTRUCTIONS FOR PATIENT

Collection card(s): **Hemoccult** slide test for fecal occult blood

1. Obtain correct collection card(s) listed above. Make sure the label contains the following information:
 - A. NAME: last, first
 - B. DOB OR SOCIAL SECURITY NUMBER
 - C. DATE: month, day, year
 - D. TIME: include p.m. or a.m.
2. The stool should first be collected in a clean dry container to avoid contamination from urine and toilet paper. Using a clean plastic bag placed into a wastebasket, a clean margarine or butter container, any clean wide mouth jar or a bedpan can provide an uncontaminated specimen.
3. Once the stool is obtained lift open the front side of the occult blood card(s). Laboratory staff will open the reverse side.
4. With an applicator (wooden stick) supply a thin smear of stool inside square A.
5. Apply a second smear of stool from another part of the bowel movement inside square B. The same end of the applicator may be used.
6. Close and seal
7. If collecting more than one sample card it is recommended that the specimens are collected on three consecutive days.
8. The sample may be stored on the card for up to 8 days. We recommend that you bring the cards back as soon as possible to allow your doctor to get your results quicker.
9. After the collection is complete, bring the container to the Laboratory at the Main Hospital or Summit View Medical Commons as soon as possible.
10. Please call the laboratory at 970-350-6400 with any additional questions.