



Banner Health®

North Colorado
Medical Center

STOOL CULTURE COLLECTION INSTRUCTIONS FOR PATIENT

Collection container: Meridian Para-Pak (C&S) -**orange top container**

1. Obtain correct collection container (listed above). Make sure the label contains the following information:

- A. NAME: last, first
- B. DOB OR SOCIAL SECURITY NUMBER
- C. DATE: month, day, year
- D. TIME: include p.m. or a.m.

*make sure the date and time is when the specimen is collected

- 2. The stool should first be collected in a clean dry container to avoid contamination from urine and toilet paper. This can be done by using a clean plastic bag placed into a waste basket, a clean margarine or butter container, any clean wide mouth jar or a bed pan.
- 3. Once the stool is obtained it needs to be placed into the preservative container (**orange top**). This is done by using the collection spoon inside of the preservative container. Place the stool into the container until the volume in the container reaches the fill line that is marked on the label. Once the correct amount of stool is in the container twist the cap on tight and shake the container until the stool and liquid preservative is mixed well.
- 4. After the collection is completed bring the container to the Laboratory at the Main Hospital or Summit View Medical Commons as soon as possible.
- 5. The preservative container (**orange top**) should remain at room temperature and the specimen is good for 96 hours.
- 6. Please call the laboratory at 970-350-6400 with any additional questions.