



Banner Health
McKee
Medical Center

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www.BannerHealth.com

Women First – Certified Nurse-Midwives

Thoughtful care for our patients

The certified nurse-midwives at Women First are professional health care providers. They are registered nurses who have graduated from an advanced education program accredited by the American College of Nurse-Midwives (ACNM).

Our nurse-midwives have also passed a national certification examination and have met strict requirements set by state health agencies. Women First nurse-midwives work in consultation with the physicians at OB/GYN Associates and McKee Center for Women's Health.

Nurse-midwives at Women First provide a full range of women's care including:

- Annual exams
- Preconception care
- Pregnancy, delivery & postpartum care
- Contraception
- Menopause counseling

Our philosophy:

- Pregnancy and childbirth are natural life events, not medical conditions.
- Women and their families deserve every opportunity to have a safe and satisfying pregnancy and birth the way they choose.
- Education about childbearing choices should be provided to all women.
- Women and families should have a warm and supportive health care environment.
- We support the appropriate use of technology.
- Women and their midwives can be partners in making healthy life choices throughout their lifespan.



Our Nurse-midwives:

- Patti Valasek, CNM
- Cindy Dean, CNM
- Linda Davidson, CNM
- Heidi von Nieda, CNM
- Carolyn Bottone-Post, CNM

For more information, visit www.bannerhealth.com, keyword: McKee Women.