



## Banner Good Samaritan Medical Center



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### Rehabilitation Services

Banner Good Samaritan Medical Center is committed to making a difference in people's lives through excellent rehabilitative care.

The hospital offers an assortment of inpatient and outpatient rehabilitation services to help patients reach their highest level of function as quickly and safely as possible. From inpatient therapy that begins in the hospital's main tower to specialized rehabilitation and therapy programs at the Banner Good Samaritan Rehabilitation Institute, the hospital meets the varied rehabilitative needs of its patients.

#### Rehabilitation Institute

The Banner Good Samaritan Rehabilitation Institute is a 63-bed rehabilitation center accredited by the Joint Commission, and serves patients through all phases of the rehabilitation process.

Whether addressing orthopedic needs, stroke, spinal cord, trauma or acquired brain injuries, the Banner Good Samaritan Rehabilitation Institute provides an array of specialized programs designed to treat even the most adverse injuries and conditions.

Rehabilitation programs are coordinated by an interdisciplinary team of health care professionals including, but not limited to, physiatrists (physicians who specialize in physical medicine and rehabilitation), rehabilitation nurses, neuropsychologists, and occupational, physical, recreation and speech therapists.

The Rehabilitation Institute partners with several diagnosis-related organizations including the Arizona Spinal Cord Injury Association, American Stroke Association, ALS Association (Lou Gehrig's disease),

the Neuropathy Association and American Parkinson's Disease Association, to ensure patients have access to and assistance coordinating additional support, education and counseling services.



#### Rehabilitation Services

Common rehabilitation therapies offered at Banner Good Samaritan include:

- **Occupational Therapy** to improve patients' functional daily living skills including dressing, grooming and eating, as well as to improve motor, cognitive and social skills. Occupational therapists also specialize in increasing strength and movement of the hands and upper extremities. They help patients relearn functional tasks in different ways and instruct them in the use of adaptive equipment that may make daily tasks easier.
- **Physical Therapy** to help patients improve strength, flexibility and functional movement such as bed mobility, walking and balance. Physical therapists provide mobility evaluation and training, and also can instruct patients on the use of assistive devices, prosthetics and wheelchairs.

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- **Speech Therapy**, also referred to as speech pathology, using special techniques to help patients improve their verbal and non-verbal communication skills, problem-solving abilities, concentration, memory and voice quality. Certified speech therapists/pathologists also can help patients improve their ability to safely eat and drink.

The Banner Good Samaritan Rehabilitation Institute provides a wide range of highly-specialized inpatient rehabilitation programs including services for:

- Acquired Brain Injuries
- Orthopedic Injuries and/or Surgeries
- Spinal Cord Injuries
- Stroke Rehabilitation
- Trauma

Other rehabilitation services available through the Rehabilitation Institute include:

- Adapted Driving Program
- Animal Assisted Therapy
- Augmentative Communication
- Balance/Vestibular Training
- Case Management
- Cognitive Retraining
- Community Reintegration
- Lymphedema Management
- Medical Management
- Nursing Services
- Orthotic/Prosthetic Assessments
- Pre-admission Assessments
- Psychological Therapy Services
- Seating Evaluations
- Social Services
- Spinal Cord Injury Mentor Program
- Vocal Cord Dysfunction
- Voice Training & Rehabilitation
- Wheelchair Clinics
- Wound Care

### Inpatient Rehabilitation

Studies show that simple maneuvering exercises during a hospital stay can significantly reduce the length of one's rehabilitation program.



At Banner Good Samaritan, patients begin the rehabilitation process from their hospital beds. Physicians and rehabilitation specialists work together to devise and implement rehabilitation programs tailored to the specific needs of their patients. From scheduled walks through the hospital to



limb exercises for patients who are unable to get out of bed, rehabilitation specialists maximize the hospital stay by creating exercise routines to improve strength, flexibility and mobility in preparation for outpatient rehabilitation following discharge.

Taking the opportunity to begin rehabilitation during a patient's hospital stay ultimately speeds up the recovery

process and helps patients return to an active lifestyle as quickly and safely as possible.

### Support & Education

Banner Good Samaritan understands the importance of a strong support system and provides an array of support and education resources and programs to complement the rehabilitative care patients receive.

With the goal of rehabilitation being to get patients back to their homes and families as quickly and safely as possible, family members are given the opportunity to participate in the rehabilitation process. Additionally, they may participate in counseling and training programs to ensure they have the skills necessary to help provide on-going care for their loved ones.

### Community Outreach

Banner Health is the official health care provider of the Phoenix Suns and Phoenix Mercury basketball teams. This partnership dates to the mid-1980s when the Banner Good Samaritan Rehabilitation Institute and the Phoenix Suns founded the Samaritan Wheelchair Suns. In 2002, the team finished second in the nation and has advanced to the National Wheelchair Basketball Association's championship finals several times in recent years.

The Wheelchair Suns now encompasses four teams – the Men's Division I and Division II; the Banner Wheelchair Mercury for women; and the Banner Wheelchair Juniors for youths, which started their first season in 2006.

The Banner Wheelchair Suns and Mercury perform many exhibitions and wheelchair skills clinics that help raise community awareness of the abilities of those who are disabled.

For more information on rehabilitation services at Banner Good Samaritan, please call (602) 839-2361.