



Banner Health

North Colorado Medical Center*

Blood Donor Services

To learn more about blood donation please visit www.BannerHealth.com, keyword NCMC Blood or call (970) 350-6100

Blood Donation

Donating Blood Is Easy!

- Blood donors must be healthy and meet age, weight and other donor requirements.
- Donating blood is safe—a sterile needle is used once and then discarded.
- Actual blood donation typically takes less than 10 to 12 minutes—the entire process, from arrival to completion takes about an hour.
- A healthy donor may donate blood every 56 days.
- The average adult has about 10 to 12 pints of blood in his/her body. Approximately one pint is given during a donation.

Our Blood Supply

- Blood and blood products are perishable. Donated red blood cells must be used within 42 days of collection.
- During an emergency, blood must be on the shelf ready for transfusion in order to save lives.

Examples Of Typical Blood Usage

Blood is routinely used to help trauma victims, surgery and cancer patients in our community. Some patients may only need a single blood transfusion, while others may require 60 pints or more.

Bleeding Ulcer.....	3 to 30 units
Premature Baby	1 to 4 units
Auto Accident/Gunshot Wound.....	up to 65 units
Bone Marrow Transplant.....	2 units/per day
Cancer Patient	8 units/week
Open Heart Surgery	2 to 4 units
Prostate Cancer	2 to 4 units



Blood Donor Eligibility

- General good health
- 18 years old or 17 years old with parental consent
- Weigh at least 110 lbs.

Conditions for Temporary Ineligibility:

- Cold, sore throat or flu symptoms within last 3 days
- Some medications—These are evaluated on an individual basis
- Antibiotic therapy (except acne) within last 3 days or symptoms of infection within last 14 days
- Oral surgery in last 3 days
- Recent immunizations (varies with type of vaccine)
- Major illness or surgery (and not yet released from doctor's care)
- Cancer history (except basal cell skin or cervical insitu) within last year
- Heart disease (donation may be possible, evaluated on individual basis)
- Pregnancy within last 6 weeks
- Tattoo or body piercing within last 12 months
- Travel within the last 12 months to an area outside of the United States with high risk for malaria
- Jail or prison time for more than 72 hours within the last 12 months

Permanent Ineligibility:

- Hepatitis of any type after age 11
- HIV/AIDS High Risk Category (symptoms or positive test for HIV, intravenous drug use, taken money or drugs for sex)
- Visited or lived, for a total of 3 months, in the United Kingdom from 1980 to 1996

Please eat a meal before donating and bring a driver's license!

Did you know?

- Ninety-five percent of Americans will need a blood transfusion by age 72.
- One in seven hospital admissions need blood or a blood product.
- Just one blood donation can help save up to three lives.
- There is NO risk of contracting a disease from donating blood...a new, sterile needle and bag are used for every donor.
- Every day in the U.S., all blood types are needed in hospitals and emergency treatment facilities to care for patients with cancer and other diseases, for organ transplant recipients, and to help save the lives of accident and trauma victims.
- Every two seconds someone in the U.S. needs blood.
- More than 38,000 blood donations are needed each day.
- Blood can be separated into at least three components: red blood cells, plasma and platelets.
- Sixty percent of the U.S. population is eligible to give, but only five percent of those eligible actually do.
- In an emergency, anyone can receive type O negative red blood cells, and type AB individuals can receive red blood cells of any ABO group. Therefore, people with type O negative blood are known as the "universal donors."
- The No. 1 reason people do not donate: Never thought about it.

The Blood Donor Center is located at :

North Colorado Medical Center
1801 16th Street, Greeley
Call (970) 350-6100 to donate or for more information

Hours:

Mondays and Fridays—7 a.m. to 4:30 p.m.
Tuesdays—11 a.m. to 7:30 p.m.
Wednesdays and Thursdays—8:30 a.m. to 5 p.m.