



Banner Desert
Medical Center

Orthopedic and Sports Rehabilitation

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www.bannerhealth.com/DesertRehab

Orthopedic and Sports Rehabilitation at Banner Desert Medical Center provides patients an experienced team of therapists. We specialize in orthopedic, spine and general sports rehabilitation.

Our team comprises more than 115 years combined experience, and includes:

- Licensed Physical Therapists who also provide aquatic therapy
- Licensed Occupational Therapists
- Certified Hand Therapists
- Certified Lymphedema Therapists
- Certified Vestibular Therapist

We provide individualized care in a comfortable, inviting environment. We focus on manual skills and functional exercise.

Hospital-based therapy does not have any Medicare cap limits. Therapy is based on skilled need.

Most insurances are accepted. Physician referral is required. We see patients Monday through Friday from 6:30 a.m. to 6 p.m. Extended hours are available upon request.



Aquatic Therapy

Most patients find they can tolerate activity in the water sooner than on land. Our center keeps the aquatic physical therapy pool at a therapeutic temperature of 92-95 degrees. The warm temperature helps decrease muscle spasms and increase the elasticity of soft tissues to improve range of motion and flexibility. The buoyancy decreases pressure on painful joint surfaces and allows partial weight-bearing with walking.

Our non-profit mission: We exist to make a difference in people's lives through excellent patient care.