



**Banner Boswell**  
Medical Center

# Same Day Surgery

## Patient Information

### Preparing for Surgery

Thank you for choosing Banner Boswell Medical Center for your surgery. We are committed to delivering the best care for every patient. The following guidelines are intended to give you information that will facilitate your care and make your stay with us as comfortable as possible.

### On the Day of Surgery

Enter the ground level east entrance off 103rd Drive (see map on reverse).

After checking in, you will be escorted to the Same Day Surgery Department where a nurse will prepare you for surgery. Two family members may remain with you during this time. During surgery, family members are invited to wait in our Surgery Family Lounge.

In order to keep your family informed about your progress, volunteers request to know their location when not in the lounge.

### Before Surgery

1. Do not eat or drink anything after midnight the night before your surgery. **THIS INCLUDES WATER, HARD CANDY OR GUM.**
2. Do not take oral or injectable medications after midnight before your surgery unless instructed by your physician or the preoperative nurse. Take these medications with a small sip of water.
3. Notify your surgeon of any change in your physical condition (cold, cough, fever, etc.) that may have developed within 48 hours prior to your surgery.
4. Wear loose, comfortable clothing that is easy to get off and on.
5. Please leave all valuable items, such as jewelry, credit cards and cash, at home.
6. Please do not wear any makeup or nail polish.
7. Please limit your visitors prior to surgery to no more than two at a time.

### After Surgery

If you are having outpatient surgery, you will be discharged from the Same Day Surgery department. A member of our staff will call you a day or two following your surgery to see how you're feeling. Please call (623) 876-5437 if you have any questions regarding your surgery or hospital stay.

If you are being admitted to the hospital after surgery, you will be taken to your assigned room after a period of observation in the Post-Anesthesia Care Unit. Your family will be kept informed of your condition and location.

### Going Home

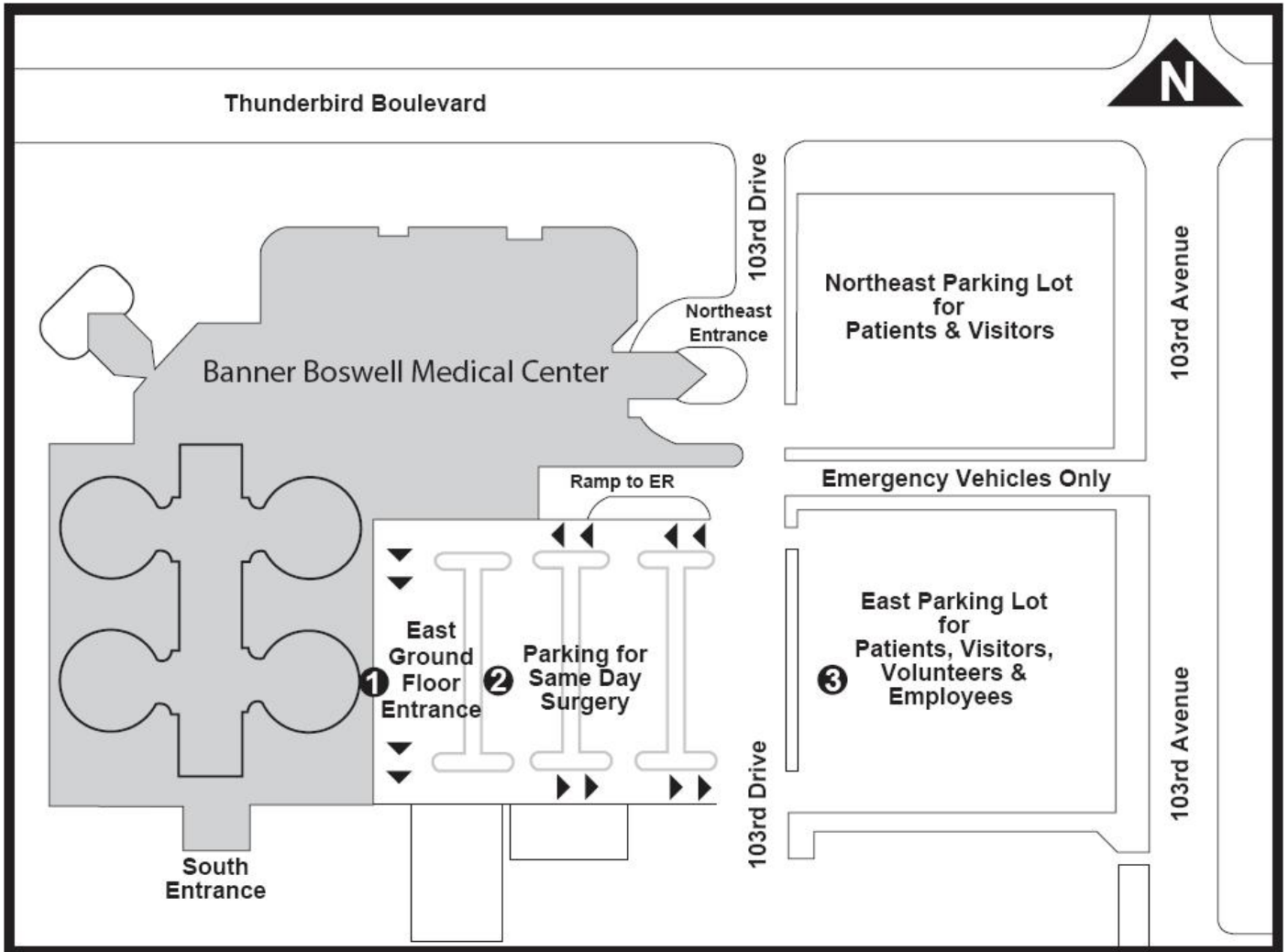
When returning home after outpatient surgery, please adhere to the following:

1. A responsible adult must drive you home after surgery.
2. Make arrangements for a responsible adult to remain with you for at least six (6) hours when you return home.
3. Maintain a light diet and do not drink any alcoholic beverages for 24 hours after anesthesia.
4. Do not drive a car or operate power equipment for 24 hours after anesthesia.
5. Take only medications prescribed by your physician.
6. Delay making any important decisions for at least 24 hours after your surgery and anesthesia.



# Same Day Surgery

- ❶ Same Day Surgery Entrance—  
Patient pick up/drop off
- ❷ Same Day Surgery Parking
- ❸ Additional Parking



**SAME DAY SURGERY PARKING PERMIT**  
Please place this side up on your vehicle's dashboard.

Date of Surgery: \_\_\_\_\_



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