

## Open Lab

What: Open Lab/ Blood Screenings

Who: Community Members

When: 2nd & 4th Wednesday of each month; 7am to 8:45am

Where: NCMC, East Entrance #6, Union Colony Room  
(Ground Floor, Area C) 1801 16th Street, Greeley



The following screenings can be used as an indicator of your overall health and should be shared with your physician. We are unable to bill Medicare or insurance.

**Blood results are mailed to your mailing address within 1-2 weeks, please plan accordingly.**

•**Health Fair Panel...\$30**

Includes screening of your electrolytes, lipid panel (cholesterol), glucose, kidney, liver, and heart function, gout, iron, and thyroid function (TSH).

•**Lipid Panel...\$25 (included in the Health Fair Panel)**

Measures total cholesterol, high density lipoprotein, low density lipoprotein and triglycerides, to assess risk of cardiovascular disease.

•**TSH (Thyroid Stimulating Hormone)...\$25 (included in the Health Fair Panel)**

Thyroid Stimulating Hormone controls thyroid gland function. If your thyroid gland is over or under producing hormone, your doctor may recommend that your TSH be screened regularly.

•**Prostate Specific Antigen...\$30**

Recommended for men 50 years of age and older, unless there is a positive family history. PSA is a protein that the male prostate gland produces. Elevated levels may be seen in men with prostate cancer or in prostate enlargement.

•**Complete Blood Count...\$18**

Includes your red and white blood cell count, platelet, hematocrit, overall screening for infection and anemia.

•**Hemoglobin A1C (diabetes screening)...\$27**

This is used to monitor glucose control over time for those with diabetes. The goal is to keep blood glucose levels as close to normal as possible. This helps to minimize the complications caused by consistently elevated glucose levels, such as progressive damage to the kidneys, eyes, cardiovascular system and nerves.

•**Homocysteine...\$30**

Homocysteine testing can be helpful in assessing the risk of heart attack, stroke, and dementia. It can also be used to determine Vitamin B12 deficiency and may be elevated in diseases of the kidneys, thyroid, bowel, or alcoholism.

•**High Sensitive C- Reactive Protein...\$20**

High sensitivity C-reactive protein testing can be helpful in assessing the risk of heart attack and stroke. This sensitive test measures the presence of inflammation in the body.

•**Ferritin...\$25**

Ferritin is a protein in the body that binds to iron. The amount of ferritin in the blood can show how much iron is stored in the body.

**Call (970) 350-6633 to schedule an appointment!**

## *Open Lab (continued...)*

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### **New Screenings**



**Take  
Care  
of  
YOU!**

#### **Vitamin D...\$60**

Vitamin D is vital for the growth and health of bone, as well as the regulation of the immune system, metabolic function, and cancer prevention.

#### **Free T3...\$25**

The T3 test is usually ordered as a follow-up to an abnormal Thyroid Stimulating Hormone (TSH) test.

#### **Prolactin...\$30**

The Prolactin test can help to evaluate infertility, irregular periods, pituitary disorders, or as a follow-up to low testosterone levels in males.

#### **Testosterone...\$40**

Testosterone testing is used to diagnose several conditions in men, women, and boys. These include early or delayed puberty, infertility, decreased sex drive, testicular tumors, and pituitary disorders.

#### **Estrone, Estradiol, and Estriol...\$40 each or \$120 for all three**

These tests measure estrogen levels for the purpose of evaluating ovarian function, including abnormal menstrual cycles, infertility, and menopause, as well as monitoring high risk pregnancies.

#### **Progesterone...\$25**

Progesterone levels are useful for recognizing causes of infertility, to monitor high risk pregnancies, and to help determine causes of abnormal periods.

### **Why Should I Know My Numbers?**

Having regular blood work gives you and your doctor the ability to monitor what is going on inside your body. Knowing your numbers and keeping track of them on a regular basis will allow you to better understand how you can improve your lifestyle and overall health. If your numbers have a sudden change, regular blood screenings will allow you to compare what is "normal" for your body and understand if your blood screening numbers are alerting you to make life changes. If your numbers come back abnormal, one of our Wellness professionals will contact you with recommended follow up. Should you have any urgent questions regarding your numbers, please contact your physician.