



2012 Parent Education Classes

To register, or for more information, please call (970) 669 - 9355

Childbirth With Confidence

Monday Night Classes

Classes are from 7 p.m.-9 p.m., \$65/couple

Feb. 13 – March 12

April 9 – May 7

June 4 – July 2

July 30 – Aug. 27

Sept. 24 – Oct. 22

Nov. 19 – Dec. 17

Childbirth With Confidence

Wednesday Night Classes

Classes are from 6 p.m.-9 p.m., \$65/couple

Jan. 11 – Jan. 25

Feb. 22 – March 7*

April 4 – April 18*

May 16 – May 30

June 27 – July 18

Aug. 8 – Aug. 22

Sept. 19 – Oct. 3

Nov. 7 – Nov. 21

Dec. 19 – Jan. 2

*limited space available

Childbirth With Confidence

Saturday All Day Classes

Classes are from 9 a.m.-4 p.m., \$65/couple

Jan. 14

July 14

Feb. 11

Aug. 11

March 10

Sept. 8

April 7

Oct. 6

May 12

Nov. 10

June 9

Dec. 8

Childbirth With Confidence - Spanish Class

All classes are from 1 p.m.-3 p.m.

Call Marian or Myrna at 667-6241 for cost and information

Feb. 16 Aug. 16

April 19 Oct. 18

June 21 Dec. 13

Breast-Feeding Classes

Tuesday Evening Classes

Classes are from 6 p.m.-9 p.m., \$20/couple

Jan. 17 May 15 Sept. 18

Feb. 21 June 19 Oct. 16

March 20 July 17 Nov. 20

April 17

Breast-Feeding Support Group

Mondays, Wednesdays and Fridays (except holidays)

Group meets 10 a.m.-11 a.m., FREE

Infant Care Classes

\$25/couple

Tuesday Night Classes from 5 p.m.-9 p.m.

Jan. 24

Saturday Classes from 8:30 a.m.-12:30 p.m.

March 17



Banner Health

McKee Medical Center