



## Banner Estrella Medical Center

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### Interventional Services

The Banner Estrella Medical Center Interventional Services department provides a unique complement of services for patients who are receiving either inpatient and outpatient surgical procedures.

Located in the hospital's Diagnostic and Treatment building, the Interventional Services area is unique in that it enables surgical patients to have all preoperative services and procedures performed in the same area as their actual surgery and recovery.

Evidence-based research shows the concept to be less stress-inducing for the patient and their family. It also allows the hospital staff to care for patients more quickly and efficiently because patients do not have to be transported to different parts of the hospital for different procedures.

The "Interventional Suite" includes Pre-op, First and Second Stage Post Anesthesia Care Unit (PACU), General Surgery and Endoscopy, Cardiac Surgery and Cath Lab, Medical Imaging and Interventional Radiology, and Non-Invasive Cardiology.

Banner Estrella is one of only two medical facilities in metropolitan Phoenix - and one of only a handful in the country - where all specialties are working together on the same floor, in the same building.

Interventional Services caregivers have advanced certifications and are cross-

trained so they can assist in other areas in the Interventional Services department.

To support patients and their families, Interventional Services provides a large family waiting room with flat-screen televisions, a service desk and three private consultation rooms for pre- and post-operative questions.

Technologically-advanced, all areas of the Interventional Services unit offer computerized charting, billing and physician order entry.

#### **Pre-Op, First and Second Stage PACU**

All Interventional Services patients, including endoscopy, surgery and Cath Lab patients recover in first or second stage PACU.



*The Interventional Services department at Banner Estrella relies on experienced and highly-certified caregivers and state-of-the-art technology to provide excellent patient care.*

#### *Our Mission:*

*We exist to make a difference in people's lives through excellent patient care.*

There are 14 beds in First Stage PACU and 24 beds in pre-op/Second Stage PACU, allowing both inpatient and outpatient surgeries to recover in the same general area. All caregivers are involved collaboratively with medical staff and physicians in planning patient care.

### **General Surgery and Endoscopy**

The Interventional Services department has six general surgery suites and two endoscopy suites.

### **Interventional Cardiology Suites**

The cardiology suites, located in Interventional Services, offer highly-advanced diagnostic and surgical systems to help ensure the best possible outcomes.

The Cardiac and Cath Lab area includes three cath labs, one angioplasty suite, one endovascular suite, two nuclear medicine rooms, 3-D workstations and two heart/lung machines.

The cardiac interventional team is a unique and highly skilled group of caregivers who

can work in both the Cardiac Cath Lab and cardiac surgery. The cardiac interventional team also works closely with the general surgery team.

### **Medical Imaging and Interventional Radiology Suites**

The Medical and Interventional Radiology unit provides a full complement of services, including, but not limited to, general radiology, ultrasound, nuclear medicine, MRI, CT and special procedures.

Rich with the latest in diagnostic imaging technology, the Medical Imaging unit includes a Magnetic Resonance Imaging (MRI), two Computerized Tomography (CT) machines, three general radiology rooms, two nuclear medicine rooms, two radiology/fluoroscopy rooms and seven ultrasound machines.

Like other caregivers in the Interventional Services department, Medical Imaging team members have advanced training and are all licensed in their specialty.

#### **The evening before surgery:**

- Ask your physician about special instructions for the morning of your surgery.
- Bring a list of your medications, dose requirements and times of day that you need to take them.
- Follow any pre-surgery instructions given to you by your physician.
- Notify your physician if a cold, fever or other infection develops before your surgery.
- Do not eat or drink anything according to physician's instructions, including water, throat lozenges or chewing gum. Your surgery could be cancelled if you eat or drink without special instructions. Do not smoke after midnight. Smoking can irritate the lungs and contribute to nausea.

#### **The day of surgery:**

- Take a bath or shower the day of your surgery. Do not wear makeup, hairpins, lotion, powder or perfume. You may brush your teeth but be careful not to swallow any water.
- Bring your own personal hygiene items, such as robe, slippers, etc., to make yourself as comfortable as possible. Banner Estrella does have robes available for patients. The hospital suggests you leave valuables such as money, credit cards and jewelry at home as the facility is not responsible for misplaced or stolen items.
- If you wear contact lenses, glasses or dentures, bring a container to protect them.
- Be prepared to show your health insurance card. If you have an Advance Directive, Living Will or Medical Power of Attorney, bring a copy.
- Wear comfortable, loose fitting clothing that is easy to take off and put on. Your clothes will be given to a family member or friend, or placed in a locker with your name and brought to you after surgery.