

Your TO-DO Checklist – 24 to 72 hours BEFORE your surgery

- If you haven't spoken to someone from the Banner Surgery Center yet, please call the center at the number listed on the inside front cover of this book.
- Do NOT use tobacco, drink alcohol or take recreational drugs for at least 24 hours before your surgery.
- Arrange to have someone take care of your children while you are having surgery and for 24 hours afterward.
- Arrange for an adult to drive you home after surgery and stay with you for 24 hours.
- Check with your insurance provider if you have questions about your co-payment or deductible.
- Call your doctor if you have any symptoms of a cold, the flu, a rash, any other illness or infection or if you suspect you may be pregnant.
- Carefully follow your doctor's instructions for the 8-to-48 hours before your surgery.
- Talk to your doctor about how to take your medications before surgery.
- Go over the following checklist to determine what should be brought or left at home.

Items to bring with you to the Banner Surgery Center:

- The completed medication history form and this book.
- Your health insurance card.
- A cashier's check, cash or credit card to pay for your co-payment or deductible.
(Do not bring extra cash or valuables)

Please leave the following items at home:

- Your jewelry, including your wedding ring and any body piercing jewelry.
- Extra money, checkbook and credit cards.
- Any other valuables, including cell phones, mp3 players, laptop computers or CD players.