



**Banner Baywood**  
Medical Center

6644 E. Baywood Ave.  
Mesa, AZ 85206  
(480) 321-4430  
[www.BannerHealth.com](http://www.BannerHealth.com)

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## Banner Baywood Sleep Disorders Center

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The fully accredited Sleep Disorders Center offered at Banner Baywood Medical Center assists physicians in recognizing sleep disturbances including breathing, narcolepsy, insomnia, snoring, parasomnias and circadian rhythm disorders.

### About the Banner Baywood Sleep Disorders Center

The Sleep Disorders Center can help in diagnosing and treating sleep-related disorders, including sleep apnea, excessive sleepiness, movement disorders, insomnia and other sleep/wake schedule problems. The program provides treatment by experienced sleep professionals.

Our staff consists of registered sleep technologists, who are specially trained in sleep monitoring techniques, and physicians, who are board-certified in sleep medicine. Specialty consultants with certification in pulmonary diseases, neurology and psychology also are available to assist in diagnosis and treatment.

We offer high-tech sophistication in a home-like setting so that testing and evaluation are as easy and comfortable as closing your eyes and falling asleep. We take pride in the quality of studies that are produced at the Banner Baywood Sleep Disorders Center.

### What to Expect

Patients are usually referred to the Sleep Disorders Program by their primary care physician. Once your evaluation is scheduled, you receive a letter confirming the test date, explaining pretest preparations and the test itself, and other special instructions.

All sleep testing is performed as close to the patient's normal sleep time as possible. Research has shown that tests performed during the daytime do not produce the same results as nighttime testing because the patient's sleep pattern and depth are not adequate during these hours.

Our experienced staff can determine therapy needs while the patient is in the sleep center. Patients exhibiting moderate to severe sleep apnea symptoms can be treated the same night of the diagnostic study, eliminating the need for additional testing and costs.

### Accreditation & Location

Banner Baywood Medical Center's Sleep Disorders Center is accredited by the American Academy of Sleep Medicine (AASM). This certification is a rigorous process undertaken every five years to ensure quality testing. The staff is extremely proud of this distinction.

We accept all major insurance contracts.