



## Banner Good Samaritan Medical Center



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## Banner Good Samaritan Rehabilitation Institute

Established in 1963, the 62-bed Banner Good Samaritan Rehabilitation Institute provides specialized medical and therapeutic services to patients at all stages of their recoveries. It is accredited by the Joint Commission on Accreditation of Health Organizations.

Patients and their families are the focal point of an interdisciplinary team of medical professionals that includes physiatrists (physicians who specialize in physical medicine and rehabilitation); rehabilitation nurses; psychologists; physical, occupational, recreation and speech therapists; and numerous support staff.

Because the goal is to get patients back to their homes and families as quickly as possible, family members are given opportunities to participate in their loved one's rehabilitation, as well as counseling and training to help them provide on-going care. The Institute's helpful staff can also assist in identifying financial resources, support groups and other community resources.

### Rehabilitation Therapies

**Occupational therapists** help improve a patient's ability to complete daily tasks such as dressing, grooming, cooking and eating. Occupational therapists also specialize in increasing strength and movement of hands and upper extremities. They teach patients to relearn a functional task in a different way or instruct them in the use of adaptive equipment that can make daily tasks easier.

**Physical therapists** help patients improve strength, flexibility and functional movement such

as bed mobility, walking and balance. They also can instruct patients on the use of an assistive device, prosthesis or wheelchair.

**Speech therapists** use special techniques to help patients improve their verbal and non-verbal communication skills, problem-solving skills, concentration, memory and quality of their voice. A speech therapist also can help patients improve their ability to safely eat and drink.

**Certified therapeutic recreation specialists** work to help patients develop a positive sense of self-worth and self-sufficiency, which are essential to independent living. They achieve that goal through



*Physical therapists at the Banner Good Samaritan Rehabilitation Institute use a variety of methods to help patients return to active life. TOP, Animal Assisted Therapy allows patients to take an active role in their recovery.*

### Our Mission:

*We exist to make a difference in people's lives through excellent patient care.*

individual therapy, exercise, nature excursions, leisure education and participation in social programs and group outings. Families are encouraged to participate in all of the planned activities.

### **Inpatient Rehabilitation Services**

**Spinal Cord Injury** – Few injuries are more serious and traumatic than a spinal cord injury. At the Banner Good Samaritan Rehabilitation Institute, our staff treats more than just the medical complications that come with a spinal cord injury. The caring staff also works to address the emotional, physical and vocational needs that patients with spinal cord injuries may experience. As patients' conditions improve, they are educated on the health care issues unique to people with spinal cord injuries, including mobility issues, skin care, bowel and bladder care, circulatory and respiratory care, and personal care. In addition, spinal cord injury support groups are available to patients and their families. The Arizona Spinal Cord Injury Association, located on the Banner Good Samaritan campus, offers additional support, education and counseling services after patients are discharged.

**Stroke Rehabilitation** – The Banner Good Samaritan Rehabilitation Institute is a key component of the hospital's designation as a Primary Stroke Center. Patients receive the latest and the best in medical and rehabilitative care. The team consists of emergency physicians, neurologists, radiologists, physiatrists and a specially trained nursing and rehabilitation staff that allows for continuous care during the recovery process. Services include 24-hour rehabilitation nursing care, physical, occupational, speech, psychological and recreation therapies, depending on the individual needs of each patient. Stroke support groups also are available to help patients and their families with the transition from hospital to home.

**Acquired Brain Injury** – Patients are given a thorough assessment/evaluation to determine the level of cognitive and behavioral problems caused by acquired brain injury. With this information, the staff can then develop an individualized and highly structured treatment program to help the patient recover their physical, communication, emotional, social and vocational skills. They also work with families and caregivers to smooth the transition back to the home and community.

### **Other Rehabilitation Services**

A variety of specialized therapies and services are available to our patients. We understand that each patient's situation is different, so our services are tailored to meet the individual needs and conditions of each patient we see. The services we offer include:

- Adapted Driving Program
- Augmentative Communication
- Case Management
- Clinical Neurobiology
- Cochlear Implant Therapy
- Cognitive Retraining
- Community Reintegration
- Medical Management
- Nursing Services
- Orthotic Assessments
- Pre-admission Assessments
- Psychological Therapy Services
- Seating Evaluations
- Social Services
- Vocal Cord Dysfunction
- Voice Training & Rehabilitation

### **Additional Patient Populations Served**

In addition to the above services, the Banner Good Samaritan Rehabilitation Institute treats patients who have experienced:

- Amputation of extremities
- Arthritis
- Burns
- Cancer and oncology treatments
- Cardiac complications
- Multiple trauma
- Neuromuscular diseases
- Orthopedic surgeries
- Pulmonary problems

### **In the Community**

Banner Good Samaritan Medical Center is the official hospital of the Phoenix Suns. This partnership dates back to the mid-1980s when the Banner Good Samaritan Rehabilitation Institute and the Phoenix Suns founded the Samaritan Wheelchair Suns. Now called the Banner Wheelchair Suns, the team competes in the National Wheelchair Basketball Association and performs many exhibitions that help raise community awareness of the abilities of those who are disabled.