



Banner Health®



A Partnership of Caring and Safety

Safe Patient Handling and Movement

Safety First

Everyone at Banner Health wants our patients to be cared for safely. When you are a patient in the hospital, you may be weak. You may not be able to walk or move about without help or assistance. The staff may need to help you turn from side to side in bed, change your position or transfer you from the bed to a chair or stretcher. You may need help getting to the bathroom or to take a bath or shower. An important part of providing you with safe care is how we help you to move or transfer from one place to another.

A Safer Approach

“Safe Patient Handling and Movement” is a way to help move and transfer patients. It is an approach that puts safety first. The nursing and therapy staff may be using special types of equipment. This equipment is made just for moving and transferring a patient. You and the staff will be safer as you move to or from the bed, chair, wheelchair or stretcher. A mechanical lift can help when you might not be able to stand or walk without extra help and support. Our staff will consider your special

needs when deciding which equipment will work best to keep you and the staff who provide your care as safe and comfortable as possible.

Special Equipment

Lateral Transfer Devices:

Lateral transfer devices are a type of equipment that helps staff to move patients from a bed to a stretcher or an X-ray table. There are different types of lateral transfer devices, such as air mattresses and slide boards. Depending on your needs, the best lateral transfer device will be used.



Special Equipment

Mechanical Lifts:

Mechanical lifts are very strong electric lifts that help staff to lift, hold, and move you. A vest, sling or other piece of equipment is connected to the lift to support your body weight. Depending on your needs, you may be in a reclining, sitting or standing position. A lift and repositioning sheet can be used to reposition you up in bed or gently turn you on your side. A lift and walking vest or walking pants may be used to assist you with walking. Some of these lifts can be moved from room to room and some of them mounted in the ceiling. Nursing and rehabilitation staff will evaluate your needs throughout your stay, and determine which is the best and safest way to move you at each stage of your treatment.



Question or Concerns?

The information and equipment presented here may be new to you. As always, we want to help you and your family feel secure and comfortable with your care.

If you or your family have questions or concerns about “**Safe Patient Handling and Movement**” equipment, please feel free to talk with your nurse or therapist.



A Partnership of Caring and Safety in a Safe Lifting Environment

Used with permission of and special thanks to:

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