

Before your surgery – How to plan and what to expect

Preoperative testing and labs

If your doctor orders preoperative laboratory tests including an EKG or chest X-ray, please be sure to have them completed ***at least two days prior*** to the day of your surgery. Routine hemoglobin tests may be performed at the Banner Surgery Center on the day of your surgery at no additional charge.

Calls from the Banner Surgery Center

You can expect to receive two phone calls from Banner Surgery Center staff prior to your surgery.

- One call will be from our Registration department to verify your demographic and insurance information. They will inform you of any out-of-pocket costs for your surgery.
- An additional call will be made by a preoperative nurse to gather your health history including height, weight, current and past diseases, and record health problems. The nurse will also discuss preoperative information and instructions.

If you have not received these phone calls within 48 hours before your scheduled surgery date, please call the Banner Surgery Center at the number listed on the inside front cover of this book.

Medications

Please be sure to talk to your doctor about any daily medications you are currently taking, especially those for heart, diabetes or blood pressure problems. Also mention any over-the-counter drugs such as aspirin, Bufferin, Nuprin, Advil or Motrin, as well as herbal medications or remedies. Your doctor will give you instructions about taking any medications prior to surgery.

This packet includes a form for you to list all medications that you have taken within 10 days prior to surgery. Please make sure to complete this form and bring it with you on the day of your surgery.

Transportation

You cannot drive yourself home after surgery. Anesthesia often has lingering effects on the body, therefore please arrange for an adult family member or friend to drive you home after your procedure. For your safety, we will not permit you to leave alone. Please note that ***your surgery will be cancelled if appropriate transportation arrangements haven't been made.***

The night before surgery

Do not eat anything after 10 p.m. the night before your surgery. ***Do not drink*** anything after 12 midnight (including water) the night before your surgery ***unless you are directed to do so by your doctor.*** This includes hard candy, gum, or prescription medications (unless ordered by your doctor). You may, however, brush your teeth and rinse out your mouth with water.