



Banner Health  
**McKee**  
Medical Center

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# Stepping Stones Adult Day Program

## Socialization in a caring environment

Stepping Stones Adult Day Program, a service of McKee Medical Center, gives participants an opportunity to socialize, build friendships, and enjoy stimulating activities in a safe, caring environment.

By tailoring individual activities to meet the specific needs of each participant, Stepping Stones becomes a place where dignity, confidence, security, and independence are assured, giving participants a new level of freedom and enhancing their quality of life.

For caregivers, Stepping Stones not only provides a break from the daily routines but also the assurance that their loved ones are receiving the best care available from an experienced, sensitive staff.

## Activities tailor toward each client

Stepping Stones offers a professional staff with one caretaker for every four patients. We are qualified to administer medications and to complete basic health monitoring, nurse's assessment and personal care assistance.

We work with individuals to design a plan of care that considers each client's skill levels. Daily planned activities include:

- Music
- Art projects
- Involvement with children
- Visits from pets (PAWS program)
- Exercise programs
- Nutritious lunches and snacks prepared by the dietary staff at McKee Medical Center
- A family support group
- Information and referral regarding community resources
- Gardening
- Transportation to planned off-site activities

## Professional staff for your loved one

Our day care program serves a range of adults.



Sometimes family members want to enhance the quality of life for their loved one and provide opportunities for them to socialize and participate in stimulating activities. Other adults simply need assistance during the day because of memory loss, physical limitations or mental impairment.

Stepping Stones also helps caregivers who would like a respite from the responsibility of providing full-time care for their loved one.

The caregivers at Stepping Stones include a program manager assistant and certified nurse assistants. Each has education and training in gerontology and together provide more than 20 years of experience at Stepping Stones.

Stepping Stones offers care Monday through Friday from 7 a.m. to 6 p.m. Participants may choose from a full or half-day session, one to five days per week.

The cost is \$51 for a full day (more than five hours), and \$41 for a half day (five hours or less). Medicaid coverage is available.

Transportation is available by contacting the City of Loveland.