



Banner Estrella Medical Center

9201 W. Thomas Road
Phoenix, AZ 85037
623-327-4000
www.BannerHealth.com



Inpatient Rehabilitation

Combining high-technology with holistic healing, the Banner Estrella Medical Center inpatient rehabilitation department provides specialized medical and therapeutic services to patients at all stages of recovery.

Therapy services, which include Physical Therapy, Occupational Therapy and Speech Language Pathology, provide a valuable service through the continuum of care for Banner Estrella Medical Center.

Patients and families are the focal point of an interdisciplinary team of medical professionals that includes therapists, physicians, nurses, social services/case managers, dietitians, radiologists and respiratory therapists. The goal of therapy is to return patients to their highest possible level of functions as quickly and safely as possible.

Rehabilitation Therapies

Occupational therapists help improve a patient's ability to complete daily tasks such as dressing, grooming, hygiene and eating. Occupational therapists also specialize in increasing strength and movement of hands and upper extremities. They teach patients to relearn a functional task in a different way or instruct them in the use of adaptive equipment that can make daily tasks easier.

Physical therapists help patients improve strength, flexibility and functional movement such as bed

mobility, walking and balance. They also can instruct patients on the use of an assistive device, prosthesis or wheelchair.

Speech therapists use special techniques to help patients improve their verbal and non-verbal communication skills, problem-solving skills, concentration, memory and quality of their voice. A speech therapist also can help patients improve their ability to eat and drink safely.

Patient Population Served

We understand that each patient's situation is different, so our services are tailored to meet individual needs and conditions. The various diagnoses we serve may include:

- Arthritis
- Amputation of extremities
- Cancer treatments
- Cardiac complications
- Diabetes
- Dizziness
- Multiple trauma
- Muscular diseases
- Neurological disorders
- Orthopedic surgeries
- Pulmonary problems

Inpatient Rehabilitation Services is located at Banner Estrella Medical Center on the second floor of the Conference Center building, just west of the Front Lobby. For more information, please call our office direct at (623) 327-5121.

*Our Mission:
We exist to make a difference in people's lives through excellent patient care.*