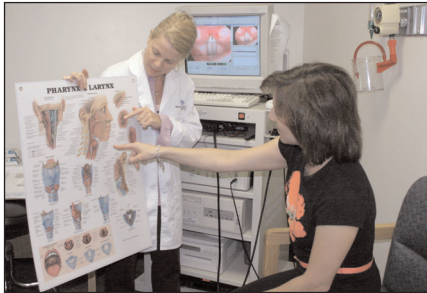




Banner Good Samaritan Medical Center

1012 E. Willetta
Phoenix, AZ 85006
602-239-2317
www.BannerHealth.com



Voice Therapy

Why do I need voice therapy?

Voice treatment involves learning new skills, voice exercises and possibly making some positive lifestyle changes to improve how your voice works for you. There are a number of different reasons why your voice may not be sounding or feeling as it used to:

- Neurological voice changes: Parkinson's disease, multiple sclerosis, CVA, TBI, etc.
- Paradoxical Vocal Fold Motion"/ Vocal Cord Dysfunction (PVFM/VCD): Difficulty breathing in, sensitivity to smells, frequent throat clearing or chronic throat tickle and/or cough.
- Functional voice changes: Muscle tension, overuse injuries, misuse/abuse, mal-adapted laryngeal posture, reduced breath support, inefficient vocal fold vibration.
- Organic voice changes: Laryngeal pathology, lesions, masses, paralysis and/or paresis of the vocal folds.
- Laryngectomy: Having part of all of your voice box removed-voice therapy can teach you a variety of alaryngeal voice options and techniques.

How do I start voice therapy?

Meet with your doctor-have your doctor send a prescription

- for Voice Evaluation and therapy
- to FAX (602) 239-6200

Our schedulers will call you and set up an appointment for a clinical voice evaluation. During a clinical voice evaluation, we measure how your throat moves (laryngeal function), the sound characteristics of your voice (acoustic analysis), and the production quality of your voice (perceptual analysis and interview interpretation).



Based on the results of the clinical voice evaluation:

- You may participate in objective measures to visualize your throat, *i.e.* laryngeal video stroboscopy (LVSE).
- You may begin Voice Treatment, which is tailored to meet your specific needs within a time frame that works for you. Your voice therapists will work with you to acquire the skills and tools you need to manage your voice production efficiently and effectively. We work closely with you to develop functional goals for improved voice communication.

How do I schedule a test?

Your physician's office must submit a written prescription documenting the procedure and the diagnosis. A prescription form can be obtained by calling (602) 640-3131 (MBS) or (602) 239-2174 (FEES). The physician's office may also need to obtain insurance authorization for patients. Our scheduling staff will contact you to schedule an appointment date/time.