



NEWS RELEASE

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Contact: Mary Brandenberger, Public Relations
Phone: 623-327-7168

Banner Estrella Medical Center offers free stroke risk assessment and lecture series

PHOENIX (March 27, 2008) – According to the American Heart Association, a stroke occurs every 40 seconds. And every three to four minutes, someone dies of stroke. Are you at risk for stroke? Here’s how to find out.

Banner Estrella will offer a free stroke risk assessment on **Saturday, May 24**, at Banner Estrella Medical Center, 9201 W. Thomas Road. The assessment includes a blood pressure check, cholesterol screening, glucose assessment, electrocardiogram and Carotid Doppler studies. The test results will be reviewed by a physician prior to the end of the assessment, followed by a consultation with a nurse or physician. To register, call **(602) 230-CARE (2273)**.

Stroke is the third leading cause of death in the United States, behind heart disease and cancer. About 780,000 Americans suffer a new or recurrent stroke each year. It is a type of cardiovascular disease that affects the arteries leading to and within the brain. Stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is blocked by a clot or bursts. When this occurs, part of the brain is unable to receive the blood and oxygen it needs, and it begins to die.

Banner Estrella Medical Center is offering a lecture series featuring neurologists and cardiologists from Banner Estrella. Drs. Andrew Atiemo, Troy Anderson, Lawrence Kline and Richard Rawlings will present lectures on stroke, risk factors, and prevention.

The dates and times of the lectures are listed below.

Date	Time	Doctor	Location
Saturday, April 5	1-2 p.m.	Dr. Andrew Atiemo	Desert Sage Library
Tuesday, April 8	6:30-7:30 p.m.	Dr. Troy Anderson	Verrado
Saturday, April 12	1-2 p.m.	Dr. Lawrence Kline	Pebble Creek
Saturday, May 3	1-2 p.m.	Dr. Richard Rawlings	Estrella Mtn. Ranch

Banner Estrella Medical Center, located on the southeast corner of the Loop 101 Freeway and Thomas Road, is a 208-bed full-service hospital offering general surgery, orthopedics, OB services, a full cardiac program with open-heart surgery, emergency services, and imaging services. Banner Estrella is part of Banner Health, the leading provider of health care services in the Valley with eight hospitals.

For more information about Banner Estrella, visit us online at www.BannerHealth.com.

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