

Registration Form

Name: _____

Address: _____

Phone Number: _____

Specialty: (i.e. RD, RN, RT, OT, etc) _____

Place of Practice: (Clinic, hospital, etc) _____

Department: _____

If Banner Health Employee—Lawson: _____

Do you have any major food concerns?

Method of payment:

Check: ___ Check Number: _____

Credit Card: ___ Type: _____

Name on Card: _____

Card Number: _____

3 Digit Code on back of card: _____

Expiration Date: _____

Signature: _____

- Your payment must be received before we can reserve your seat
- Please mail or fax in your registration form (postmarked by 03/05/2012)
- Make checks payable to: Banner Health Clinic
- Please call us if you have questions
- Receipts will be given the day of the conference
- No refunds will be given after March 5, 2012
- **Registration Deadline** is March 5, 2012—call to see if seating availability after the 5th.



Banner Health

Banner Health Clinic

Outpatient Diabetes Education

1800 15th Street, Ste. 200

Greeley, CO 80631

Phone: (970) 392-2344

Fax: (970) 378-4304

BGS Endocrinology Clinic

1800 15th Street, Ste. 200

Greeley, CO 80631

Phone: (970) 378-4676

Fax: (970) 378-4315

Caring for Patients With Diabetes

INTERACTIVE

Diabetes Updates for Professionals



Offered by:

Banner Health Clinic

Outpatient Diabetes Education
Program & Endocrinology Clinic



Banner Health

Register Today

Date: March 15, 2012

Time: 7:30 a.m.—4:30 .pm.

Cost: \$50

Location: North Colorado Medical Center—Auditorium

Who: Course is offered to any healthcare professional

CEU's: 7.5 CNEs will be offered through the Colorado Nurses Association—Will apply to other professions as well.

Seminar Schedule

07:30 a.m. —Check in

8 a.m. —Program Begins

Break—Light Snacks

11:45 a.m.—12:30 p.m.—Interactive Lunch (provided)

Break—Light Snacks

4:30 p.m.—Program Ends

Registration Options:

- ◆ **Call:** (970) 392-2344
- ◆ **Fax:** (970) 378-4304
 - ◆ If you fax or call, you will need to mail in payment or provide Credit Card info over phone/fax.
- ◆ **Mail:** Banner Health Clinic
Outpatient Diabetes Education Program
1800 15th Street, Ste. 200
Greeley, CO 80631

Cancellation Policy:

If you cancel prior to March 5, 2012, we will refund your money. After March 5, 2012 no refunds will be given.

Course Outline

Objective: To provide up to date, interactive, evidence-based information on management of the patient with diabetes. To equip healthcare professionals with the knowledge and skill to care for a patient with diabetes both in the hospital and outpatient settings.

After the course the participant will be able to:

Evidence: Describe the effects of hyperglycemia in relation to cost, mortality, infection, and psychology.

Diabetes: Differentiate between type 1 & 2, and Gestational Diabetes (GDM).

Diagnosing Diabetes: Describe 2 primary methods of diagnosing diabetes

Blood Glucose Monitoring: Describe technique for checking blood glucose levels and ADA glucose targets

Short-Term Complications: List causes and symptoms of hypoglycemia and hyperglycemia & treatment options for both. Describe DKA diagnosis and prevention

Healthy Eating: Name at least 3 food groups that contain carbohydrates. Describe basics of carbohydrate counting

Lunch: Calculate carbohydrate intake of lunch and calculate correct dose of insulin

Medications: Differentiate between medical management options: Orals, Injectable Hormones, Insulin

Staying Active: List 3 benefits of physical activity

Nursing Considerations/Care: Articulate the care of a patient with diabetes and its relationship with other illnesses. Review nursing diagnoses, cultural considerations, care of the elderly population, and providing education to the patient. Describe tips/resources for teaching patients with Diabetes

Goal Setting & Lifestyle Changes: Describe how to help patients set goals and facilitate lifestyle changes

Speakers

Stacy Luppens, RN, BSN, CDE has worked as an RN for 20 years and in Diabetes Education for 10 years. She has experience as a Pediatric nurse. Stacy has been involved in the inpatient and outpatient settings. Stacy participates in the Juvenile Diabetes Research Foundation as well. Stacy is working actively with many system groups in relation to Diabetes to improve the diabetes care our patients receive throughout the Banner Health System.

Teri Sieg, RD, CDE has worked as a RD for 20 years and as a Certified Diabetes Educator at NCMC for 18 years. Teri is the ADA Program Coordinator for our diabetes program. Teri has experience with pump training and has taught diabetes education at many outside agencies, often volunteering her time

Wendy Harrison, RN, BSN, CDE has worked as an RN for 15 years and has experience in Public Health, Pediatrics and School Nursing. For the last 10 years she has been a diabetes educator at Banner in the Outpatient ADA program, as a hospital inpatient educator/case manager and currently in the Endocrinology Clinic.

Joanne Randolph, RD has worked as a RD for the last 17 years and in the Diabetes Department at NCMC 2 year. Joanne has worked with a variety of patient populations providing both inpatient and outpatient consultations. Joanne is currently working towards obtaining her certification in Diabetes Education (CDE). Joanne currently works with outside agencies such as First Steps and Stephens Farms to provide nutritional expertise to those facilities.

Tracy Hergert, FNP, CDE has worked as a Nurse Practitioner in the Banner Endocrinology Clinic at North Colorado Medical Center for four years. She has worked as a Certified Family Nurse Practitioner for 10 years. She received both Bachelors and Masters Degrees in Science from the University of Northern Colorado. She has her certification as a diabetic educator. Her particular interests in the Endocrine clinic include providing personal education to promote understanding of disease self management, optimizing medical management, and promoting positive lifestyle behaviors to lessen the burden of diabetic

Banner Health Colorado is an approved provider of continuing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider ID # BHC-0412 Expiration date: 3/31/2012