



2011 Enrollment Guide Update

Pharmacy Mail Order

In January 2011, we implemented a program to encourage mail order for certain maintenance medications. Express Scripts (ESI), our pharmacy manager, would notify employees to contact Express Scripts directly about whether they wanted to continue to fill their medications at a retail pharmacy or take advantage of mail order prescriptions. A response to ESI was required to continue coverage for those medications. ESI will no longer contact employees in this regard.

Pharmacy Mail Order

Using the mail order option on your Banner pharmacy plan helps to reduce your prescription drug expenses.

Beginning in 2011, a new program will encourage you to reduce your costs for maintenance drug prescriptions through the mail order option.

Banner Health and Express Scripts, our pharmacy benefits manager, are partnering to make it easy for you to save money in 2011 on any existing or newly prescribed maintenance medications that you take regularly for ongoing conditions, such as high blood pressure, high cholesterol and asthma. To find out if a specific prescription drug is considered a maintenance medication in Banner's pharmacy plan, please contact an Express Scripts patient care advocate (PCA) at (800) 900-6337.

After your first fill or refill in 2011 for a maintenance medication, you'll receive a letter from Express Scripts asking you to contact them

via their website or by phone to discuss having your prescriptions filled by Express Scripts Pharmacy and sent directly to your home. It's important that you respond as soon as possible.

You will have the option of choosing to pick up your prescriptions at a local pharmacy with no penalty, or to save money by using the Express Scripts Pharmacy. You can learn more about the advantages of home delivery in the Pharmacy Plans section of www.BannerBenefits.com. Once you have taken the time to decide what is best for you and your family, you will need to let Express Scripts know your preferences before you can pick up your third monthly refill of a maintenance medication.

You can use the dollars in your Health Care Flexible Spending Account to cover your co-pays and out-of-pocket expenses; see the Flexible Spending Accounts section for more details.



Banner Health continues to be committed to mail order as a way to help control pharmacy costs. To enroll in the mail order program:

- Contact an Express Scripts patient care advocate (PCA) at (800) 900-6337 (7:30 a.m. to 5 p.m. Central, M – F).
- Provide the patient care advocate with the ID # located on your Banner plan ID card, or the primary cardholder's SSN.
- If you wish to begin using home delivery, Express Scripts will contact your physician to obtain a 90-day prescription. Simply provide them with your physician's name and phone number.

You can use the dollars in your Health Care Flexible Spending Account to cover your co-pays and out-of-pocket expenses.