



# Arizona Geriatrics Society

An Affiliate of the American Geriatrics Society

# 21st Annual Fall Symposium

Supporting Providers of Elder Care in Arizona

## ***GERIATRICS:*** *Preparing for the Future*

**Friday-Saturday, November 13-14, 2009**  
**Desert Willow Conference Center**

The mission of the Arizona Geriatrics Society is to advance geriatric healthcare for older adults by supporting the development of professionals in geriatric and gerontology committed to improving and developing best practices in healthcare for older adults.

A professional organization representing the interdisciplinary healthcare team, AzGS is the premiere organization for geriatrics in Arizona. As the number of older adults will triple by 2030, AzGS supports a call to action to strengthen and ensure the best geriatric care today and in the future.

The 2009 Fall Symposium will focus on the on-going changes in geriatrics and will impact all of those involved in geriatric care. The program will include discussions on healthcare reform, end-of-life care, pain management and dementia. In addition, it will provide an update on several geriatric disorders including controversy around drug issues and the management of hypertension in the elderly. This year's Symposium will also include a poster session that will reflect some of the exciting research going on in Arizona. This Symposium is designed for physicians, NPs, PAs, nurses, pharmacists, therapists, social workers, case managers, healthcare educators and their students, and administrators of long-term care and assisted living facilities.

### ***Featured Speakers***

**Friday, November 13 General Session 8:30 am**

#### ***JOHN LINGENFELTER LECTURE — AMERICAN HEALTHCARE REFORM LEGISLATION TO FIX A BROKEN SYSTEM***



**Jonathan Weisbuch, MD, MPH** is currently Adjunct Professor at Arizona State University School of Business Administration and Clinical Professor of Public Health & Epidemiology at Southwestern College of Naturopathic Medicine. Dr. Weisbuch was Chief Health Officer for Maricopa County and Director of Maricopa County Public Health for seven years and currently serves on the board of the Maricopa County Medical Society.

**Friday, November 13 General Session 9:10 am & 1:45 pm**

#### ***MANAGEMENT OF CHRONIC PAIN IN THE ELDERLY & IMPROVING THE QUALITY OF END-OF-LIFE CARE***

**Betty Ferrell, PhD, FAAN** has been in oncology nursing for 28 years and has focused her clinical expertise and research in pain management, quality of life and palliative care. A research scientist at the City of Hope National Medical Center, Dr Ferrell is a fellow of the American Academy of Nursing and received the Oncology Nursing Society Distinguished Nurse Researcher Award in 1996. She is principal investigator of a study on "Palliative Surgery", the End-of-Life Nursing Education Consortium (ELNEC) project and several other funded projects.



**Saturday, November 14 General Session 8:30 am**

#### ***THE CHANGING PARADIGM IN LONG-TERM CARE***



**Dan Osterweil, MD, FACP, CMD**, Professor of Medicine at UCLA, is Director of the UCLA training program -- Leadership and Management in Geriatrics and Associate Director of the Multi-campus Program in Geriatrics and Gerontology at UCLA. He is the founder of the Specialized Ambulatory Geriatric Evaluation Clinic, a community-based, geriatric assessment center in Sherman Oaks, CA. He is the Editor emeritus of the Journal of the American Medical Directors Association (JAMDA) which he founded.



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Friday, November 13, 2009

8:15am **JOHN G. LINGENFELTER LECTURE**

**AMERICAN HEALTHCARE REFORM LEGISLATION TO FIX A BROKEN SYSTEM**

Jonathan Weisbuch, MD, MPH, Former Maricopa County Chief Public Health Officer

9:00am **MANAGEMENT OF CHRONIC PAIN IN THE ELDERLY**

Betty Ferrell, PhD, FAAN, City of Hope National Cancer Institute

10:00am Morning Break and Exhibits

10:30am Concurrent Sessions

**ASSESSMENT OF THE HOSPITALIZED OLDER PATIENT**

Ed Perrin, MD, Banner Good Samaritan Family Center

**ASSESSMENT OF THE CONFUSED PATIENT**

Marianne McCarthy, PhD, GNP, Arizona State University College of Nursing

11:20 am Concurrent Sessions

**CANCER SCREENING IN THE ELDERLY: WHAT IS THE EVIDENCE?**

Leona Downey, MD, U of Arizona College of Medicine

**PREVENTION & TREATMENT OF PRESSURE ULCERS**

Gary Salzman, MD, CMD, Banner/Good Samaritan Geriatric Fellowship Program

12:05 pm Lunch and Exhibits

1:00pm **CARING FOR THE CAREGIVER**

David Coon, PhD & Kathi Lindstrom, PhD candidate Arizona State University College of Nursing

1:45pm **IMPROVING THE QUALITY OF END OF LIFE CARE**

Betty Ferrell, PhD, FAAN, City of Hope National Cancer Institute

2:40pm Concurrent Sessions

**GERIATRIC DERMATOLOGY**

Walter Nieri, MD, CMD, FACP, Banner/St. Joseph's Geriatric Fellowship Program

**LOST IN TRANSITION: CAN WE FIND OUR WAY?**

Mary Fermazin, MD, Health Services Advisory Group, Inc.

3:30pm Break and Exhibits

4:00pm Concurrent Sessions

**UPDATE ON BPH**

John Hansen, MD, Sun Valley Urology

**VISUAL IMPAIRMENT IN OLDER ADULTS--MACULAR DEGENERATION, GLAUCOMA, CATARACTS & MORE**

Parminderpal Singh, MD, Southwest Eye Surgeon

**EARLY REGISTRATION**  
(up to Fri, October 16th)

Members:

Physicians	\$275
All Other Allied Professionals	\$250
Geriatric Fellows/Residents/Healthcare Students	\$100

Non-Members:

Physicians	\$325
All Other Allied Professionals	\$275
Geriatric Fellows/Residents/Healthcare Students	\$125

**LATE REGISTRATION**  
(after Fri, October 16th)

Members:

Physicians	\$300
All Other Allied Professionals	\$275
Geriatric Fellows/Residents/Healthcare Students	\$125

Non-Members:

Physicians	\$375
All Other Allied Professionals	\$325
Geriatric Fellows/Residents/Healthcare Students	\$150



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## ACCREDITATION

### Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Banner Health & Arizona Geriatrics Society. Banner Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Banner Health designates this educational activity for a maximum of 12 *AMA PRA Category 1 credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Medical Directors

This seminar has been approved for 9.5 credit hours in clinical education and 4.75 hours in Management education toward certification as a Certified Medical Director in Long Term Care (AMDA CMD). The AMDA CMD program is administered by the American Medical Directors Certification Program. Each physician should claim only those hours actually spent on the activity.

### Nurses

This continuing nursing education activity was approved for 12.25 contact hours by the Arizona Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

### Social Workers

This continuing education program was approved for 14 contact hours by the Arizona Chapter of the National Association of Social Workers.

### Case Managers

This continuing education program was approved for 12.25 contact hours by the Commission for Case Manager Certification.

### LTC/ALF Administrators/Directors

This conference has been approved for 12 hours by the Board of Examiners of Nursing Care Institution Administrators and Assisted Living Facility Managers.

Saturday, November 14, 2009

- 8:30 am **THE CHANGING PARADIGM IN LONG-TERM CARE**  
Dan Osterweil, MD, FACP, CMD, David Geffen School of Medicine, UCLA
- 9:15am **HYPERTENSION IN THE ELDERLY**  
John Morley, MB, B.Ch  
Saint Louis University Medical Center  
Division of Geriatric Medicine
- 10:00am Morning Break - Exhibits—**Poster Session**
- 10:30am Concurrent Sessions  
**NEW DRUG UPDATE: IS NEWER ALWAYS BETTER IN THE GERIATRIC POPULATION?**  
Sandra Brownstein, PharmD, Evercare of Arizona  
  
“**POSTER SESSION**”
- 11:30am Concurrent Sessions  
**UPDATE IN GERIATRIC LITERATURE**  
Mindy Fain, MD, University of Arizona Health Sciences Ctr  
  
**BONES & GROANS: HOW TO HELP YOUR PATIENTS SURVIVE AGING AND ACHING FEET**  
Gary Friedlander, DPM, Midwestern University
- 12:15pm Lunch—Exhibits—**Poster Session**
- 1:00pm **FUTURE TREATMENT OF DEMENTIA**  
Adam Fleisher, MD, Banner Alzheimer's Institute
- 2:00pm Concurrent Sessions  
**EVALUATION & MANAGEMENT OF CONSTIPATION**  
Daryl Hutchinson, MD, Clinic for Digestive Diseases  
  
**SEXUALITY ISSUE IN LONG-TERM CARE**  
Marianne McCarthy, PhD, GNP, ASU College of Nursing & Health Innovation
- 2:45 pm Afternoon Break—Exhibits—**Poster Session**
- 3:15pm **CARDIAC ISSUES IN THE OLDER FEMALE**  
Joanne Ceimo, MD, Banner/St. Joseph's Geriatric Fellowship Program

## SYMPOSIUM LOCATION

The Desert Willow Conference Center is located at 4340 E. Cotton Center Boulevard, Ste 100 in Phoenix, AZ will be the site for this two-day Symposium. Two hotels are within walking distance from the Conference Center — Hilton Homewood Suites (602-470-2100) and *Marriott Courtyard* (480-629-1791) *Legacy Golf Course* (602-305-6303) is a short drive away.



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**Friday-Saturday  
November 13-14, 2009**

**Desert Willow  
Conference Center**  
4340 E. Cotton Center Blvd  
Phoenix, AZ  
Mesa, AZ 85201

### Three ways to register:

- **Online**

www.arizonageriatrics.org

- **Phone or Fax**

Ph - (602) 265-0211  
Fax - (602) 274-8086

- **Mail**

Arizona Geriatrics Society  
5020 N. 8th Place, Ste C  
Phoenix, AZ 85014  
(send form with payment)

### To contact AzGS:

Phone: 602-265-0211  
Fax: 602-274-8086  
Email: askus@arizonageriatrics.org  
Website: www.arizonageriatrics.org

**Registration**  
Please print clearly

# 21<sup>st</sup> Annual Symposium *GERIATRICS: Preparing for the Future*

Friday-Saturday, November 13-14, 2009

### Personal Information

_____		
First Name	Middle Initial	Last Name
_____		
(Please list the one preferred degree which will be shown on the name tag and certificate of attendance.)		
Preferred Degree (s) _____		
_____		
Employer	Position/Title	
_____		
Mailing Address _____		
_____		
City	State	Zip Code
_____		
Work Phone	Fax	
_____		
Preferred Email Address _____		

### Registration Fees:

#### **EARLY REGISTRATION** (up to Friday, October 16th)

<u>AzGS Members:</u>		<u>Non-Members:</u>	
Physician	\$275	Physician	\$325*
All Other Allied Professional	\$250	All Other Allied Professional	\$275*
Full-time Geriatric Fellow/ Resident/Healthcare Student	\$100	Full-time Geriatric Fellow/ Residents/Healthcare Student	\$125

#### **LATE REGISTRATION** (after Friday, October 16th)

<u>AzGS Members:</u>		<u>Non-Members:</u>	
Physician	\$300	Physician	\$375*
All Other Allied Professional	\$275	All Other Allied Professional	\$325*
Full-time Geriatric Fellow/ Resident/ Healthcare Student	\$125	Full-time Geriatric Fellow/ Resident/Healthcare Student	\$150

- \*I would also like to join AzGS as a individual member for the rest of 2009 at your special rate of \$65. Enclosed is my check or charge my card

Total Amount To Be Paid: \_\_\_\_\_

### Method of Payment

- Enclosed is payment by check—payable to Arizona Geriatrics Society  
 Please charge my credit card:  AmEx  MasterCard  Visa

\_\_\_\_\_ \$ \_\_\_\_\_  
Credit Card Number Charge Amount

\_\_\_\_\_ Expiration Date  
Name on Card

Send registration form (and check if applicable ) to:

Arizona Geriatrics Society  
5020 N. 8<sup>th</sup> Place, Suite C  
Phoenix, AZ 85014

or register online at [www.arizonageriatrics.org](http://www.arizonageriatrics.org) or call the office .