



Student Nursing Block 1 Skillsets

This is a brief overview of what skillsets students in block 1 will have and continue to reinforce during their rotation.

<p>VITAL SIGNS:</p> <ul style="list-style-type: none"> • T, P, R, BP, O2 Saturation, Pain <p>PERSONAL CARE</p> <ul style="list-style-type: none"> • Bed making (occupied, unoccupied bed) • Bathing (partial/full bath, perineal care) • Oral care (oral care and brushing) • Oral care for unconscious using suction • Denture care • Feeding (set up tray, feeding, safety) <p>MEDICAL ASEPSIS</p> <ul style="list-style-type: none"> • Hand washing (soap and water, gelling) <p>PPE</p> <ul style="list-style-type: none"> • Isolation precautions • Gloving (clean)/correct glove removal <p>SAFETY AND RESTRAINTS</p> <ul style="list-style-type: none"> • <i>Cannot be performed in Psychiatric Clinical</i> • Restraints and alternatives <p>SAFE PATIENT LIFTING/TRANSFER</p> <ul style="list-style-type: none"> • Repositioning patient in bed • Assist to sit on edge of bed • Transfer: Cart to bed • Transfer: Bed to chair • Slide sheet/board • Lift devices 	<p>MOBILIZATION AND ASSISTIVE DEVICES</p> <ul style="list-style-type: none"> • Use of gait belt • Use of cane • Use of walker • Use of wheelchair <p>WOUND CARE</p> <ul style="list-style-type: none"> • Dressings: Clean <p>RESPIRATORY CARE</p> <ul style="list-style-type: none"> • Cough and deep breathing • Incentive spirometry • Nasal cannula • Masks (simple, venture, NRB) • Bag mask valve mask (Ambu) • Flow meters • Portable oxygen tank <p>ELIMINATION</p> <ul style="list-style-type: none"> • Irrigation • Specimen collection
---	--