



**ESTABLISHED MEDICAL HISTORY -
PEDIATRIC DIABETES**

Patient Name: _____ Date of Birth: _____ Gender: M / F

Person filling out form and relationship to patient: _____

Please provide as much detail as you are able so that we can give you the safest and best care possible.

Preferred Pharmacy (name and location): _____

What is the most important concern we can address at this visit? _____

ALLERGIES

No known allergies List any allergies and intolerances to **medications, food or the environment.**

Allergy:	Reaction:

MEDICATIONS

No Medications

List any medications you are taking, with dose and how often. List any Vitamins, Supplements and Over the Counter Medicines.

Medication Name:	Dose:	How often?

PATIENT MEDICAL HISTORY

Since your last clinic visit has your child:

Had a serious illness or been hospitalized? Yes No If yes, explain: _____

Been seen in the emergency department? Yes No If yes, explain: _____

Had surgery? Yes No If yes, explain: _____

FAMILY HISTORY

Have any new medical conditions been diagnosed in the family since the last visit? Yes No If yes, explain: _____





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SOCIAL HISTORY

Patient lives with: Mother Father Siblings Grandparents Step-Parents Foster Parents Adoptive Parents

Any significant stress in the household? _____

Current grade (last grade completed in school if out of session): _____ Not applicable _____

School performance: Below average Average Above average

Extracurricular activities/sports: _____

Average number of school days missed/year? less than 5 days 5-10 days 11-20 days more than 20 days

**MENSTRUAL HISTORY
(Females Only)**

Has your child ever had a menstrual period? Yes No If yes, age of onset: _____ Date of last period: _____

Are they regular (every month)? Yes No If no, explain: _____

Length of period? less than 5 days 5-7 days more than 7 days

Character of bleeding: Light Moderate

REVIEW OF SYSTEMS

GENERAL			GASTROINTESTINAL			IMMUNOLOGICAL		
Unusually fatigued or tired	Yes	No	Chronic vomiting	Yes	No	Frequent infections	Yes	No
Weight gain	Yes	No	Constipation	Yes	No	SKIN		
Weight loss	Yes	No	Diarrhea	Yes	No	Abnormal hair growth	Yes	No
ENT			GENITOURINARY			Hair loss	Yes	No
Hearing problems	Yes	No	Urinating a lot	Yes	No	Rash	Yes	No
Vision problems	Yes	No	ENDOCRINE			NEUROLOGICAL		
RESPIRATORY			Abnormal body odor	Yes	No	Dizzy/light headed	Yes	No
Cough	Yes	No	Drinks a lot	Yes	No	Frequent or recurring headaches	Yes	No
Nighttime snoring	Yes	No	Early puberty	Yes	No	Seizures	Yes	No
Shortness of breath	Yes	No	Eating a lot	Yes	No	Dizzy/light headed	Yes	No
CARDIOVASCULAR			Feeling very hot or cold	Yes	No	PSYCHIATRIC		
Chest pain	Yes	No	Abnormal body odor	Yes	No	Feeling sadness/helplessness	Yes	No
Irregular heart beat	Yes	No	MUSCULOSKELETAL			Trouble sleeping	Yes	No
Palpitations	Yes	No	Back pain	Yes	No			
			Joint pain	Yes	No			
			Muscle pain	Yes	No			

If yes, please explain: _____



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BLOOD GLUCOSE MONITORING

Monitor used: _____

Who checks blood sugars (check all that apply): Child Parent Grandparent Other: _____

On average, how many times a day are blood sugars checked: 1 2 3 4 or more

Are blood sugars checked at night? Yes No If yes, most readings are >100 <100

INSULIN TREATMENT/INJECTIONS

Who gives the insulin shots? Child Siblings Parent Grandparent Other: _____

Where are the shots given? Buttocks Leg Stomach Arms Other: _____

Any lumps at injections sites? Yes No If yes, explain: _____

Leakage, bleeding, discomfort when insulin injected? Yes No If yes, explain: _____

Estimated number of missed injections: None 1-2/day 1-2/week 1-2/month

URINE KETONE TESTING

When do you check for ketones? high blood sugars Illness Other: _____

Has your child had ketones since your last visit? Yes No If yes, explain: _____

HYPERGLYCEMIA (HIGH BLOOD SUGARS) SIGNS AND SYMPTOMS/TREATMENT

Has your child experienced: Increased thirst Increased urination Urinating during the night Bedwetting

What time are your child's blood sugars highest? Breakfast Mid-morning Lunch Mid-afternoon Dinner

Bedtime During sleep

In general, how do you treat high blood sugars? Don't use extra insulin Use extra insulin

HYPOGLYCEMIA (LOW BLOOD SUGARS) SIGNS AND SYMPTOMS/TREATMENT

If your child's blood sugar is low (<80) when does it mostly occur? AM Meal Mid-morning Lunch Mid-afternoon

PM meal Bedtime During sleep

What is the blood sugar range at which your child has symptoms of low blood sugar? <50 mg/dl <60 mg/dl <70 mg/dl

<80 mg/dl <90 mg/dl <100 mg/dl Other: _____

Which do you use most commonly to treat low blood sugar? Candy Chocolate Soda/juice Glucose gel/tabs

Cake icing Other: _____

Do you have a glucagon kit at home? Yes No If yes, expiration date: _____

Has your child required glucagon since last visit? Yes No

VISION

Does your child complain of blurred vision? Yes No

Does your child wear glasses/contacts? Yes No

Has your child seen an eye doctor within the past year? Yes No

Are there any smokers in the home? Yes No

DIABETES EDUCATION

I would like more information on the following:

Advance diabetes treatment Exercise and diabetes Sexual health/pregnancy Vaccine recommendations

Blood sugar monitoring Heart healthy eating Sick day management Weight loss

Carbohydrate counting Insulin pumps Urine ketone testing