

# Open Lab Blood Tests

Call (970) 810-6633 to schedule an appointment. (Prices are subject to change)

## Community Wellness offers low cost blood screening to community members at:

- North Colorado Medical Center 1801 16<sup>th</sup> St., Greeley, CO 80631 (East Entrance #6)
   2<sup>nd</sup> & 4<sup>th</sup> Wednesday of each month: 7:00am to 8:45am
- McKee Medical Center 2000 N. Boise Ave, Loveland, CO 80538 (Conference & Wellness Center)

1st Wednesday of each month: 7:00am to 8:45am

• Johnstown Family Physicians - 222 Johnstown Center Drive, Johnstown, CO 80534

3<sup>rd</sup> Wednesday of each month: 7:30am to 8:45am

• Berthoud Health Clinic: Family Medicine - 401 10th Street, Berthoud, CO 80513

3<sup>rd</sup> Wednesday of each month 7:30am to 8:45am

We are unable to bill Medicare or insurance. Please share your results with your physician.

#### Health Fair Panel...\$35

Includes screening of your electrolytes, lipid panel (cholesterol), glucose, kidney, liver, and heart. function, gout, iron, magnesium, and thyroid function (TSH).

## Lipid Panel...\$25 (included in the Health Fair Panel)

Measures total cholesterol, high density lipoprotein, low density lipoprotein and triglycerides, to assess risk of cardiovascular disease.

## TSH (Thyroid Stimulating Hormone - included in Health Fair Panel)...\$25

Controls thyroid gland function. If your thyroid gland is over or under producing hormone, your doctor may recommend that you're TSH be screened regularly.

### Complete Blood Count (with differential)...\$18

Includes your red and white blood cell count, platelets, hematocrit, overall screening for infection and anemia.

#### Hemoglobin A1C (diabetes screening)...\$27

This is used to monitor glucose control over time for those with diabetes. The goal is to keep blood glucose levels as close to normal as possible. This helps to minimize the complications caused by consistently elevated glucose levels, such as progressive damage to the kidneys, eyes, cardiovascular system and nerves.

## Homocysteine...\$30

Homocysteine testing can be helpful in assessing the risk of heart attack, stroke, and dementia. It can also be used to determine Vitamin B12 deficiency and may be elevated in diseases of the kidneys, thyroid, bowel, or alcoholism.

#### **Hepatitis C...\$45.00**

Hepatitis C is a disease that damages the liver caused by the Hepatitis C virus (HCV). This disease is spread through the contact of infected blood that enters the human body. It is recommended to get tested if you were born between 1945-1965, diagnosed with HIV, received a blood or organ transplant before 1992, have *ever* injected illegal drugs, were exposed to blood on the job, **or** received clotting factors made before 1987. Positive test results are reported to the State Health Department for statistical analysis and patient follow-up.

### Blood Type...\$15

## Open Lab Blood Tests cont.



## **High Sensitive C-reactive protein...\$20**

High sensitivity C-reactive protein testing can be helpful in assessing the risk of heart attack and stroke. This sensitive test measures the presence of inflammation in the body.

### Vitamin D...\$45

Vitamin D is vital for the growth and health of bone, as well as the regulation of the immune system, metabolic function, and cancer prevention.

## Vitamin B12...\$40

Used to determine a Vitamin B12 deficiency, which could be due to anemia, malabsorption, or malnutrition.

#### Folate...\$20

Used to determine a folate deficiency, which could be due to anemia, malabsorption, or malnutrition.

#### Ferritin...\$25

Ferritin is a protein in the body that binds to iron. The amount of ferritin in the blood can show how much iron is stored in the body.

### Free T3...\$25

The T3 test is usually ordered as a follow-up to an abnormal Thyroid Stimulating Hormone (TSH) test.

#### Free T4...\$25

Individuals who have hyperthyroidism will have an elevated FT4, whereas those with hypothyroidism will have a low level of T4. This test helps to distinguish between different causes of hyperthyroidism and hypothyroidism.

## Prolactin...\$30

The Prolactin test can help to evaluate infertility, irregular periods, pituitary disorders, or as a follow-up to low testosterone levels in males.

#### **Prostate Specific Antigen...\$30**

Recommended for men 50 years of age and older, unless there is a positive family history. PSA is a protein that the male prostate gland produces. Elevated levels may be seen in men with prostate cancer or in prostate enlargement.

### Testosterone (Total)...\$40

Testosterone testing is used to diagnose several conditions in men, women, and boys. These include early or delayed puberty, infertility, decreased sex drive, testicular tumors, and pituitary disorders.

#### Estrone, Estradiol, and Estriol...\$40 each or \$120 for all three

These tests measure estrogen levels for the purpose of evaluating ovarian function, including abnormal menstrual cycles, infertility, and menopause, as well as monitoring high risk pregnancies.

### Progesterone...\$30

Progesterone levels are useful for recognizing causes of infertility, to monitor high risk pregnancies, and to help determine causes of abnormal periods.

#### Protime/INR...\$15

Protime is a test that measures how long it takes blood to clot. It is most commonly used by people who are on blood thinners to determine if they are on the correct dose.

### Why Should I Know My Numbers?

Having regular blood work gives you and your doctor the ability to monitor what is going on inside your body. Knowing your numbers and keeping track of them on a regular basis will allow you to better understand how you can improve your lifestyle and overall health. If your blood work returns with concerning value/s, one of our Wellness professionals will contact you with recommended follow up. Should you have any *urgent* questions regarding your numbers, please contact your physician.

Please share your results with your medical provider!