



Student Nursing Block 3 Skillsets

This is a brief overview of what skillsets students in Block 3 will have and continue to reinforce during their rotation.

**denotes new skills learned during this block*

VITAL SIGNS: T, P, R, BP, O2 Saturation, Pain; **PERSONAL CARE:** Bed making (occupied, unoccupied bed), Bathing (partial/full bath, perineal care), Oral care (oral care and brushing), Oral care for unconscious using suction, Denture care, Feeding (set up tray, feeding, safety); **MEDICAL ASEPSIS:** Hand washing (soap and water, gelling); **PPE:** Isolation precautions, Gloving (clean)/correct glove removal; **SAFE PATIENT LIFTING/TRANSFER:** Repositioning patient in bed, Assist to sit on edge of bed, Transfer: Cart to bed, Transfer: Bed to chair, Slide sheet/board, Lift devices; **WOUND CARE:** Dressings: Clean

<p>MOBILIZATION AND ASSISTIVE DEVICES</p> <ul style="list-style-type: none"> • Use of gait belt • Use of cane • Use of walker • Use of wheelchair <p>RESPIRATORY CARE</p> <ul style="list-style-type: none"> • Cough and deep breathing • Incentive spirometry • Nasal cannula • Masks (simple, venture, NRB) • Bag mask valve mask (Ambu) • Flow meters • Portable oxygen tank • Oral and Nasopharyngeal Suctioning • Respiratory Care (in addition to Level 1) • Chest tube assessment • Mask (collar) dressing care • Suctioning <p>WIS</p> <p>Antepartum</p> <ul style="list-style-type: none"> • Fetal heart rate • Leopold maneuvers • Monitor application • Fundal height <p>Post-partum</p> <ul style="list-style-type: none"> • Fundal checks • Lochia evaluation • Perineum assessment • Breast assessment <p>Newborn</p> <ul style="list-style-type: none"> • Delivery preparation • APGAR scoring 	<p>ELIMINATION</p> <ul style="list-style-type: none"> • Irrigation • Specimen collection <p>MEDICATION ADMINISTRATION – ADULT</p> <ul style="list-style-type: none"> • Med math calculation (each semester) • Blood transfusion (observe only) <p>IV THERAPY</p> <ul style="list-style-type: none"> • Insertion • Removal • Insertion site assessment • Priming tubing • IVP • IVPB (secondary lines) • Infusion devices (set up/monitor) • IV medication titration* <p>CENTRAL VENOUS DEVICES</p> <ul style="list-style-type: none"> • Types of devices • Dressing change • Blood draw <p>NUTRITION</p> <ul style="list-style-type: none"> • NG tube insertion • Measuring output – Diapers* • Measuring input* <p>GROWTH AND MEASUREMENT</p> <ul style="list-style-type: none"> • Weight, length, head circumference* <p>SAFETY & RESTRAINTS</p> <ul style="list-style-type: none"> • Seizure precautions* • Mobilization and Assistive Devices* • Traction and cast care* • Medication Admin IV Push Adult/Ped*
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