



Student Nursing Block 4 Skillsets

This is a brief overview of what skillsets students in Block 4 will have and continue to reinforce during their rotation.

**denotes new skills learned during this block*

VITAL SIGNS: T, P, R, BP, O2 Saturation, Pain; **PERSONAL CARE:** Bed making (occupied, unoccupied bed), Bathing (partial/full bath, perineal care), Oral care (oral care and brushing), Oral care for unconscious using suction, Denture care, Feeding (set up tray, feeding, safety); **MEDICAL ASEPSIS:** Hand washing (soap and water, gelling); **PPE:** Isolation precautions, Gloving (clean)/correct glove removal; **SAFE PATIENT LIFTING/TRANSFER:** Repositioning patient in bed, Assist to sit on edge of bed, Transfer: Cart to bed, Transfer: Bed to chair, Slide sheet/board, Lift devices; **WOUND CARE:** Dressings: Clean; **MOBILIZATION AND ASSISTIVE DEVICES:** Use of gait belt, Use of cane, Use of walker, Use of wheelchair

RESPIRATORY CARE

- Cough and deep breathing
- Incentive spirometry
- Nasal cannula
- Masks (simple, venture, NRB)
- Bag mask valve mask (Ambu)
- Flow meters
- Portable oxygen tank
- Oral and Nasopharyngeal Suctioning
- Respiratory Care (in addition to Level 1)
- Chest tube assessment
- Mask (collar) dressing care
- Suctioning

WIS

Antepartum

- Fetal heart rate
- Leopold maneuvers
- Monitor application
- Fundal height

Post-partum

- Fundal checks
- Lochia evaluation
- Perineum assessment
- Breast assessment

Newborn

- Delivery preparation
- APGAR scoring

ELIMINATION

- Irrigation
- Specimen collection

MEDICATION ADMINISTRATION – ADULT

- Med math calculation (each semester)
- Blood transfusion (observe only)

IV THERAPY

- Insertion
- Removal
- Insertion site assessment
- Priming tubing
- IVP
- IVPB (secondary lines)
- Infusion devices (set up/monitor)
- IV medication titration

CENTRAL VENOUS DEVICES

- Types of devices
- Dressing change
- Blood draw

NUTRITION

- NG tube insertion
- Measuring output – Diapers
- Measuring input

GROWTH AND MEASUREMENT

- Weight, length, head circumference

SAFETY & RESTRAINTS

- *Cannot be performed in Psychiatric Clinical*
- Restraints and alternatives
- Seizure precautions
- Mobilization and Assistive Devices
- Traction and cast care
- Medication Admin IV Push Adult/Ped

HEMODYNAMIC MONITORING

- Arterial Line – Blood draw*
- Physical Assessment - Complex Care Client*