

## Registro de glucosa - Inyecciones

E-mail to: BCESBloodSugar@bannerhealth.com

Nombre del paciente: \_\_\_\_\_ Fecha de nacimiento: \_\_\_\_/\_\_\_\_/\_\_\_\_ Teléfono: \_\_\_\_\_ Insulina de acción prolongada: \_\_\_\_\_ Hora: \_\_\_\_\_

Relación de carbohidratos: Desayuno 1: \_\_\_\_\_ Almuerzo 1: \_\_\_\_\_ Cena 1: \_\_\_\_\_ Objetivo: Día \_\_\_\_\_ Noche \_\_\_\_\_ ISF (CF): \_\_\_\_\_

| <b>Fecha:</b>       | 12:_ | 1:_ | 2:_ | 3:_ | 4:_ | 5:_ | 6:_ | 7:_ | 8:_ | 9:_ | 10:_ | 11:_ | 12:_ | 1:_ | 2:_ | 3:_ | 4:_ | 5:_ | 6:_ | 7:_ | 8:_ | 9:_ | 10:_ | 11:_ |
|---------------------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|
| Glucosa             |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Gramos de carbs     |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Dosis de Carb       |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Dosis de corrección |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| <b>Dosis total</b>  |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Ejercicio           |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Cetonas en la orina |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |

| <b>Fecha:</b>       | 12:_ | 1:_ | 2:_ | 3:_ | 4:_ | 5:_ | 6:_ | 7:_ | 8:_ | 9:_ | 10:_ | 11:_ | 12:_ | 1:_ | 2:_ | 3:_ | 4:_ | 5:_ | 6:_ | 7:_ | 8:_ | 9:_ | 10:_ | 11:_ |
|---------------------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|
| Glucosa             |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Gramos de carbs     |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Dosis de Carb       |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Dosis de corrección |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| <b>Dosis total</b>  |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Ejercicio           |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Cetonas en la orina |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |

| <b>Fecha:</b>       | 12:_ | 1:_ | 2:_ | 3:_ | 4:_ | 5:_ | 6:_ | 7:_ | 8:_ | 9:_ | 10:_ | 11:_ | 12:_ | 1:_ | 2:_ | 3:_ | 4:_ | 5:_ | 6:_ | 7:_ | 8:_ | 9:_ | 10:_ | 11:_ |
|---------------------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|
| Glucosa             |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Gramos de carbs     |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Dosis de Carb       |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Dosis de corrección |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| <b>Dosis total</b>  |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Ejercicio           |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |
| Cetonas en la orina |      |     |     |     |     |     |     |     |     |     |      |      |      |     |     |     |     |     |     |     |     |     |      |      |

\***Ejercicio** (Por favor indique la duración de la actividad, es decir, 30 min.)\***Cetonas** = Cetonas verificadas si BG > 250 (por favor indique el resultado: N-negativo, R-rastro, P-pequeño, M-moderar, G-grande)