



NEW PATIENT MEDICAL HISTORY  
ORTHOPEDIC SPECIALTY

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Please provide as much detail as you are able so that we can give you the safest and best care possible.

Preferred Pharmacy (name and location): \_\_\_\_\_

Primary Care Provider

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ Fax #: \_\_\_\_\_

What is the primary reason for your visit? \_\_\_\_\_

Date of onset of problem or injury: \_\_\_\_\_

Did you bring X-Rays / CT / MRI today?  Yes  No

Is this a work related injury?  Yes  No If yes, will you be using workman's comp benefits?  Yes  No

ALLERGIES

List any allergies and intolerances to medications, food or the environment.  No Known Allergies

Allergy:	Reaction:

Do you have any known allergies to metal?  Yes  No If yes, explain: \_\_\_\_\_

MEDICATIONS

List any medications, vitamins, supplements, and over the counter medications you are taking, with dose and how often.

Not taking any medications

Medication Name:	Dose:	How often?

MEDICAL HISTORY

List all medical conditions you are being treated for (high blood pressure, etc.)

1.	4.
2.	5.
3.	6.

DO NOT RETAIN AS PART OF THE PERMANENT MEDICAL RECORD



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**Have you had any recent hospitalizations or ER visits (provide dates and reason below)?**

No prior hospitalizations/ER visits

Date:	

**SURGICAL HISTORY**

List all prior surgeries and the date.  No prior surgeries

Date	Type of Surgery	Date	Type of Surgery

Have you had any difficulty with anesthesia?  Yes  No If yes, explain: \_\_\_\_\_

Have you received any blood transfusions in the past?  Yes  No Any problems?  Yes  No

**FAMILY HISTORY**

List health conditions for each family member.

	Alive	Deceased	Age of Death	Health Condition(s)
Father				
Mother				
Maternal Grandmother				
Maternal Grandfather				
Paternal Grandmother				
Paternal Grandfather				
Brothers				
Sisters				

**SOCIAL HISTORY**

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Exercise? No \_\_\_\_ Yes \_\_\_\_ Type(s) \_\_\_\_\_ Hours per Week \_\_\_\_\_

Do you have advance directives? \_\_\_\_\_

Do you have any religious belief that could affect your medical care? \_\_\_\_\_

**TOBACCO / ALCOHOL / CAFFEINE / DRUGS**

Tobacco/smoking status: Never \_\_\_\_

Current \_\_\_\_ Type \_\_\_\_\_ Amount \_\_\_\_\_ Duration \_\_\_\_\_

Former \_\_\_\_ Type \_\_\_\_\_ Amount \_\_\_\_\_ Duration \_\_\_\_\_

Do you use alcohol? No \_\_\_\_ Yes \_\_\_\_ Type \_\_\_\_\_ Amount \_\_\_\_\_ Frequency \_\_\_\_\_

Do you use Caffeine? No \_\_\_\_ Yes \_\_\_\_ Type \_\_\_\_\_ Amount \_\_\_\_\_ Frequency \_\_\_\_\_

Do you use recreational drugs? No \_\_\_\_ Yes \_\_\_\_ Type \_\_\_\_\_ Amount \_\_\_\_\_ Frequency \_\_\_\_\_

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**PAIN ASSESSMENT**

When did symptoms begin: \_\_\_\_/\_\_\_\_/\_\_\_\_

Location of pain/symptoms: \_\_\_\_\_


**Severity of Pain** (0=min, 10=max): \_\_\_\_\_

**Pain Frequency:** (mark all that apply)

- 
- Rare
- 
- Occasional
- 
- Constant
- 
- 
- Stairs only
- 
- Stairs and walking

**Status:**

- 
- Worse
- 
- Stable
- 
- Improving
- 
- Resolved

**Radiation of pain:**

- 
- No
- 
- Yes, radiates to: \_\_\_\_\_

**Quality of pain:** (mark all that apply)

- 
- Aching
- 
- Burning
- 
- Dull
- 
- 
- Piercing
- 
- Sharp
- 
- Throbbing

Other: \_\_\_\_\_

**Injury/Trauma?**  No  Yes

If Yes, when/where? (work, school, vacation, automobile, other): \_\_\_\_\_

**Aggravated by:** (mark all that apply)

- 
- Bending
- 
- Lifting
- 
- Sitting
- 
- 
- Climbing stairs
- 
- Movement
- 
- Standing
- 
- 
- Descending stairs
- 
- Pushing
- 
- Walking
- 
- 
- Nothing

Other: \_\_\_\_\_

**Prior treatment:** (mark all that apply)

- 
- Brace/splint
- 
- Ice
- 
- Mobility
- 
- 
- Elevation
- 
- Injection
- 
- Stretching
- 
- 
- Exercise
- 
- Massage
- 
- Physical Therapy
- 
- 
- Heat
- 
- Rest
- 
- Nother

 OTC/prescription meds: \_\_\_\_\_

Other: \_\_\_\_\_

Did any of the prior treatments above give relief?

If so, please circle.

Which is your dominant hand? Right / Left

**Associated symptoms:** (mark all that apply)

- 
- Bruising
- 
- Limping
- 
- 
- Spasms
- 
- Pain after inactivity
- 
- 
- "Crunching"
- 
- 
- Swelling
- 
- Locking
- 
- 
- Decreased mobility
- 
- Stiffness
- 
- 
- Tingling in arms
- 
- Wake at night
- 
- 
- Pain at night
- 
- Tingling in legs
- 
- 
- Joint feels unstable
- 
- Difficulty going to sleep
- 
- 
- Weakness
- 
- Numbness
- 
- 
- "Popping"
- 
- Joint tenderness

Other: \_\_\_\_\_

**Functional Abilities: Can you...**

- |                   |                                      |                                    |  |
|-------------------|--------------------------------------|------------------------------------|--|
| Get in/out of car | <input type="checkbox"/> Yes         | <input type="checkbox"/> No        | <input type="checkbox"/> With difficulty |
| Kneel             | <input type="checkbox"/> Yes         | <input type="checkbox"/> No        | <input type="checkbox"/> With difficulty |
| Put on sock/shoes | <input type="checkbox"/> Yes         | <input type="checkbox"/> No        | <input type="checkbox"/> With difficulty |
| Go down stairs    | <input type="checkbox"/> Yes         | <input type="checkbox"/> No        | <input type="checkbox"/> With a rail     |
| Go up stairs      | <input type="checkbox"/> Yes         | <input type="checkbox"/> No        | <input type="checkbox"/> With a rail     |
| Sit in chair      | <input type="checkbox"/> 1 hr.       | <input type="checkbox"/> 30 min.   | <input type="checkbox"/> Difficult       |
| Walking distance: | <input type="checkbox"/> indoors     | <input type="checkbox"/> <5 blocks | <input type="checkbox"/> >10 blocks      |
|                   | <input type="checkbox"/> 5-10 blocks |                                    |  |

Do you have a limp?

- 
- None
- 
- Slight
- 
- Moderate
- 
- Severe

I require a...

- 
- Cane
- 
- Crutches
- 
- 
- Walker
- 
- Wheelchair
- 
- None

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**REVIEW OF SYSTEMS**

In the last **thirty days**, have you experienced any of the following:

CONSTITUTIONAL			GASTROINTESTINAL			PSYCHIATRIC		
Chills	Yes	No	Abdominal pain	Yes	No	Anxiety	Yes	No
Fatigue/Weakness	Yes	No	Constipation	Yes	No	Depression	Yes	No
Fever	Yes	No	Black tarry stools	Yes	No	Insomnia	Yes	No
Malaise/Discomfort	Yes	No	Diarrhea	Yes	No	<b>SKIN</b>		
Night sweats	Yes	No	Heartburn or reflux	Yes	No	Contact allergy	Yes	No
Weight gain	Yes	No	Jaundice	Yes	No	Itchy skin	Yes	No
Weight loss	Yes	No	Loss of appetite	Yes	No	Rash	Yes	No
<b>HEENT</b>			Nausea	Yes	No	Skin infections/sores	Yes	No
Blurred/Double vision	Yes	No	Vomiting	Yes	No	Poor wound healing	Yes	No
Difficulty swallowing	Yes	No	Ulcers, GI bleeding	Yes	No	<b>HEMATOLOGIC</b>		
Ear drainage	Yes	No	Hepatitis Type:	Yes	No	Anemia Type:	Yes	No
Facial pain	Yes	No						
Headache	Yes	No	<b>GENITOURINARY</b>			Bleeding tendencies	Yes	No
Hearing loss	Yes	No	Pain with urination	Yes	No	Bruising	Yes	No
Hoarseness	Yes	No	Frequent urination	Yes	No	Blood clots	Yes	No
Nasal Congestion	Yes	No	Blood in urine	Yes	No	<b>IMMUNOLOGICAL</b>		
Ringing in ears	Yes	No	Urinary incontinence	Yes	No	Bee sting allergies	Yes	No
Vertigo/Dizziness	Yes	No	Urinary tract infections	Yes	No	Cancer Type:	Yes	No
Vision loss	Yes	No	Prostate enlargement	Yes	No			
Glaucoma	Yes	No	Problem passing a bladder catheter or urination after surgery	Yes	No	Contact dermatitis	Yes	No
<b>RESPIRATORY</b>			<b>METABOLIC/ENDOCRINE</b>			Environmental allergies	Yes	No
Chest pain	Yes	No	Cold intolerance	Yes	No	Food allergies	Yes	No
Cough	Yes	No	Hair loss	Yes	No	Seasonal allergies	Yes	No
Shortness of breath	Yes	No	Heat intolerance	Yes	No	Arthritis Type:	Yes	No
Recent infections	Yes	No	Diabetes Type:	Yes	No			
TB exposure	Yes	No				AIDS/HIV	Yes	No
Wheezing	Yes	No	Thyroid problems	Yes	No	Metal allergies	Yes	No
COPD	Yes	No	<b>NEUROLOGICAL</b>					
Asthma	Yes	No	Difficulty walking	Yes	No			
Emphysema, bronchitis	Yes	No	Dizziness	Yes	No			
<b>CARDIOVASCULAR</b>			Poor coordination	Yes	No			
Chest pain	Yes	No	Memory loss	Yes	No			
Cyanosis	Yes	No	Muscle weakness	Yes	No			
Heart murmur	Yes	No	Numbness, tingling	Yes	No			
Leg swelling	Yes	No	Seizures	Yes	No			
Syncope (fainting)	Yes	No	Tremors	Yes	No			
Irregular heartbeat	Yes	No	Stroke, TIA, Paralysis	Yes	No			
Heart attack	Yes	No						
Congestive heart failure	Yes	No						
Heart catheterization	Yes	No						

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