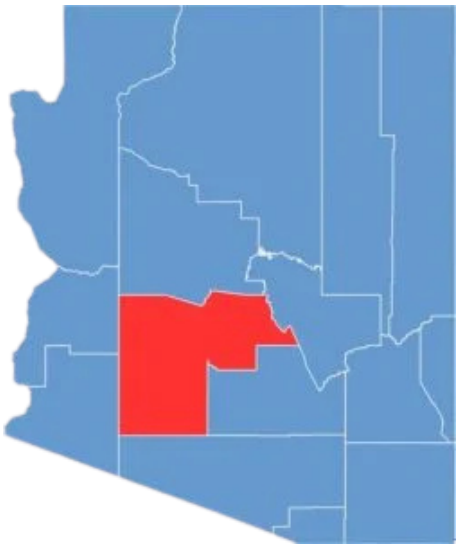
# Maricopa County Monthly Report

## Banner Poison and Drug Information Center



Banner
Poison & Drug
Information Center

POISON HELP
1-800-222-1222
POISONHELP.ORG

# MARCH 2026

## Total Case Breakdown

Total Cases: **2,851**

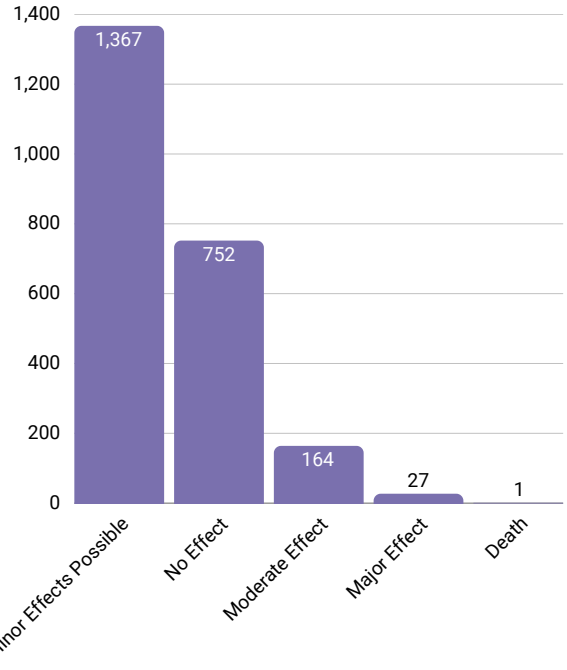
*Information Cases: **220**

Healthcare Facility (HCF) Cases: **617**

Total Exposure Cases: **2,631**

**Information cases are non-exposure, meaning they are cases in which people called the poison center requesting more information on a specific substance/item/etc.*

## Medical Outcome for Exposure Cases



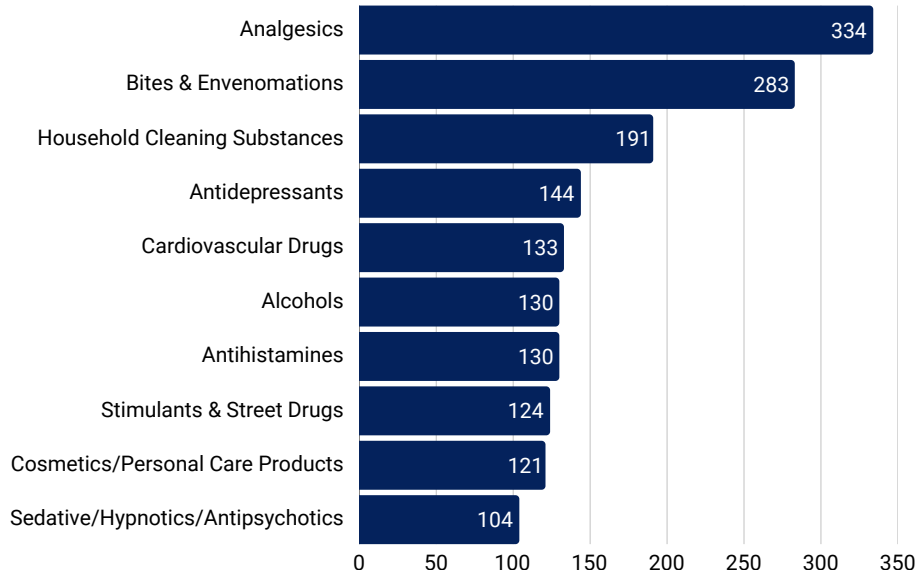

The majority of March exposure cases had minor effects. A total of 27 cases in Maricopa County resulted in major patient effects.

# MARCH 2026

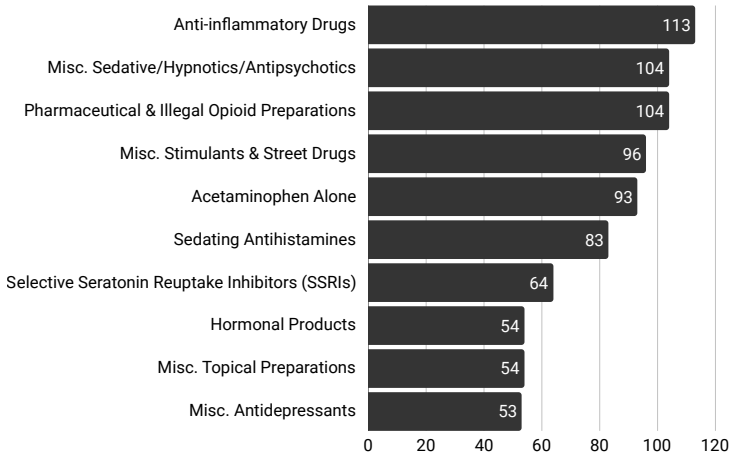
## Exposure Statistics

Total Human Exposures: **2,614**

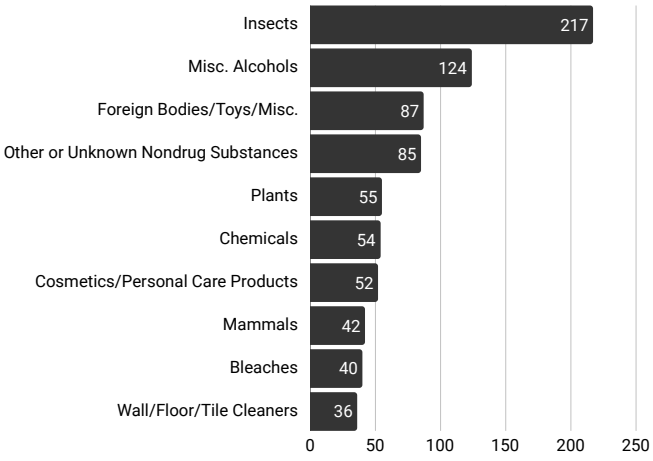
### Top 10 Exposure Categories- Mar. 2026




### Top 10 Exposure Substances- Drug Category




### Top 10 Exposure Substances- Non-drug Category



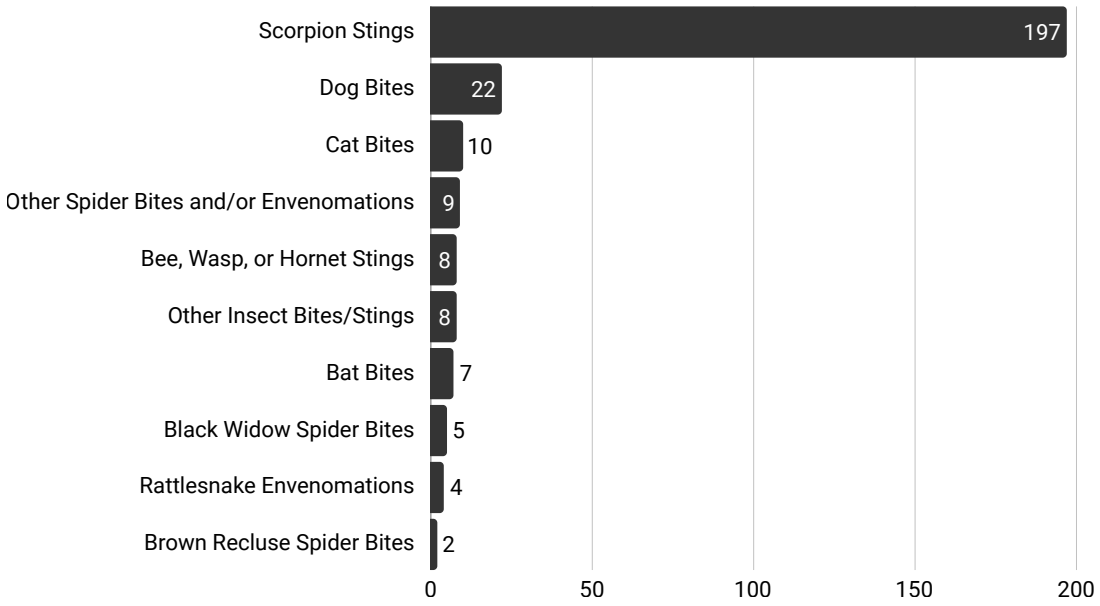
# MARCH 2026

## Bites & Stings

Residing in the venom capital of the US, the Banner Poison Center manages thousands of envenomation cases per year. A majority of these envenomations are scorpion stings, which increase in the warmer months, although cases are reported throughout the entire year.

With the increase in temperatures came more rattlesnake bites this month. The BPDIC managed four rattlesnake bites in the month of March.

**Top 10 Bites & Stings Cases- March 2026**




With the help of epidemiologists at the Maricopa County Health Department, specially trained poison center nurses will advise patients that have experienced mammalian bites on whether rabies treatment is necessary.

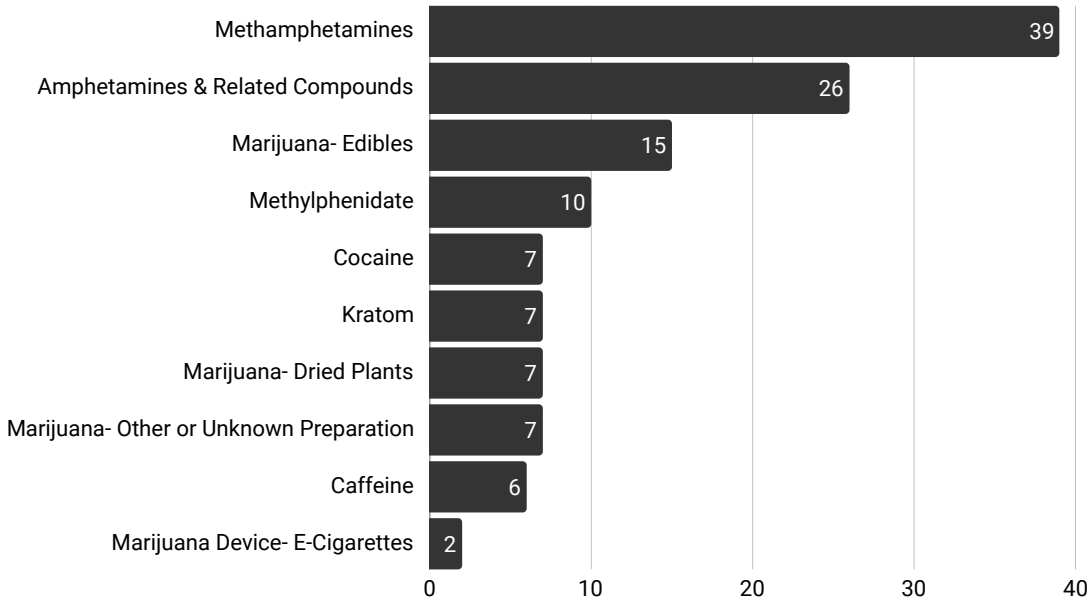
# MARCH 2026

## Stimulants & Street Drugs

On a monthly basis, Stimulants & Street Drugs claim a spot in the top 10 human exposure substances list. These cases may be calls placed by physicians seeking help with a treatment plan for a patient already in a healthcare facility, a person who is seeking resources related to drug use treatment, overdose related calls, and more.

The following graph shows the top 10 substances within the Stimulants & Street Drugs category that the BPDIC received a call for in the month of March.

**Top 10 Stimulants & Street Drugs Exposure Substances- March 2026**



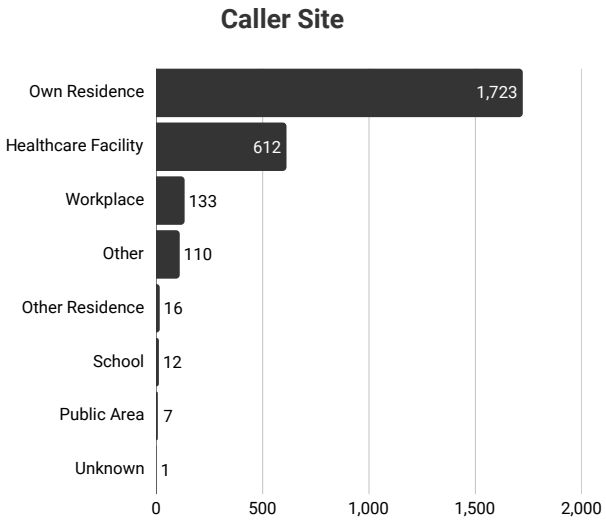

Kratom, a plant-derived product that mimics the effects of an opioid, is becoming a more prevalent substance that poison centers nationwide receive calls about. This product, often found in the form of beverages, may be sold in places of business, such as smoke shops and gas stations.

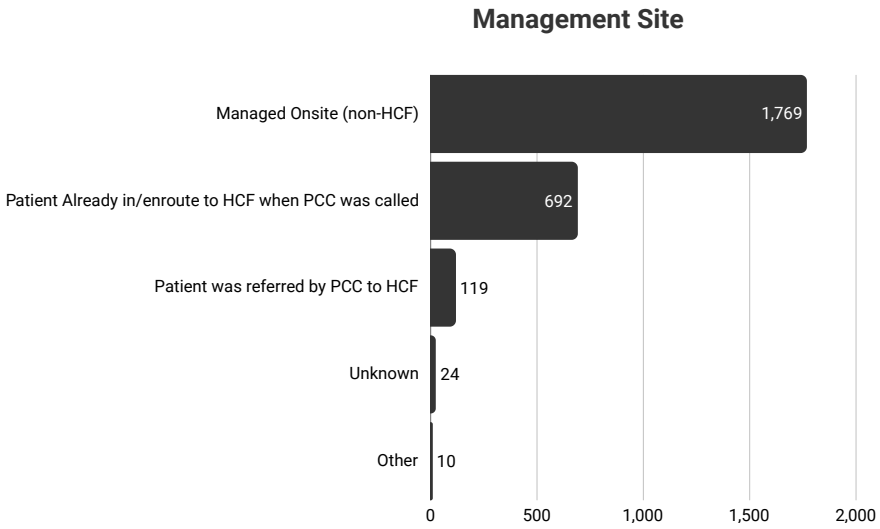
# MARCH 2026

## Caller & Management Site

Most calls come in from a place of residence. Calling poison control saves patients time and money, as most non-emergency poisoning cases can be treated at home.

Poison control experts can advise patients on whether they need to visit a healthcare facility and will follow-up with patients until cases are closed.



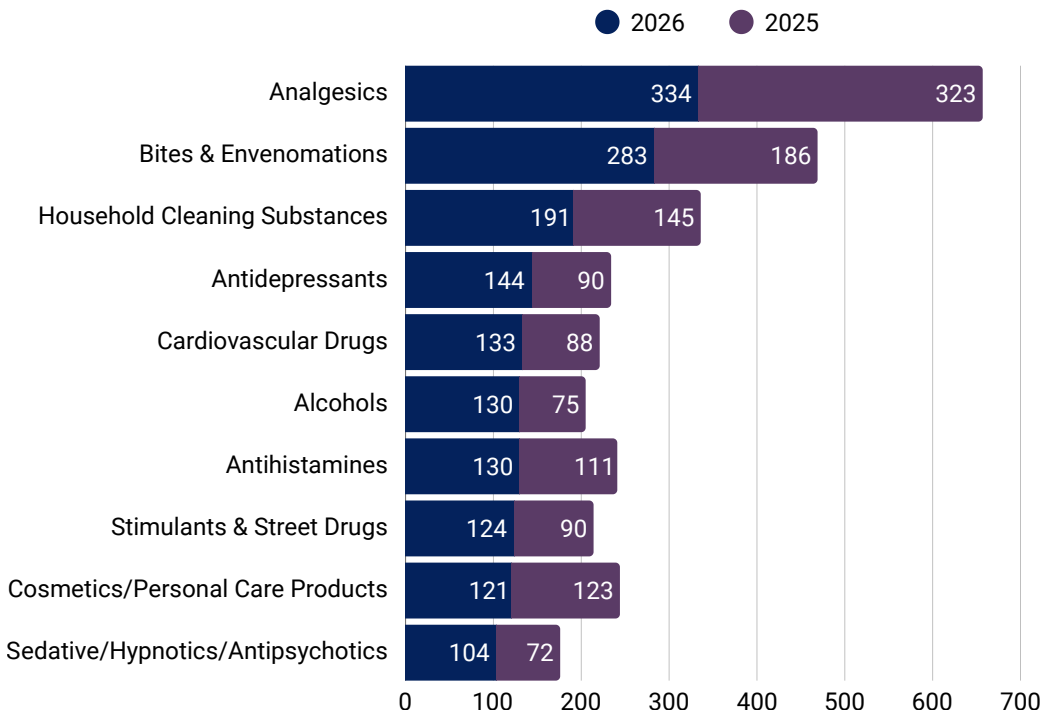




In March, 67.7% of cases were managed onsite (non-healthcare facility), with 89% of those cases being at a caller's own residence.

# MARCH 2026

## Exposure Statistics- 2025 vs. 2026

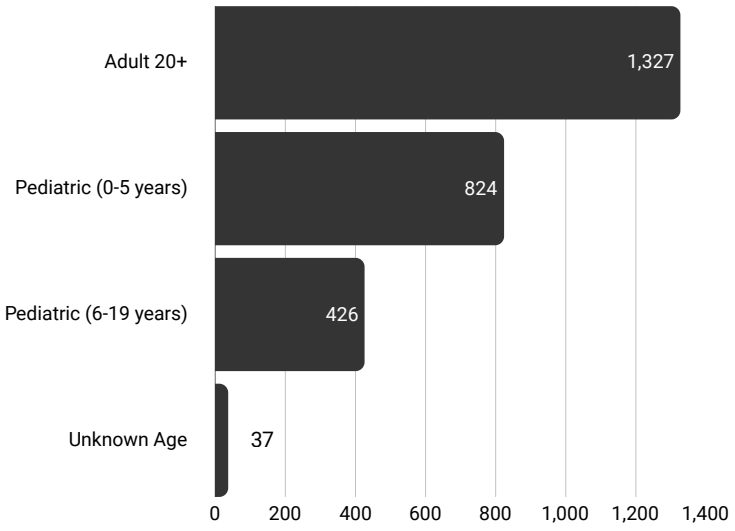
### Top 10 Exposure Categories- Mar. 2026 vs. Mar. 2025



# MARCH 2026

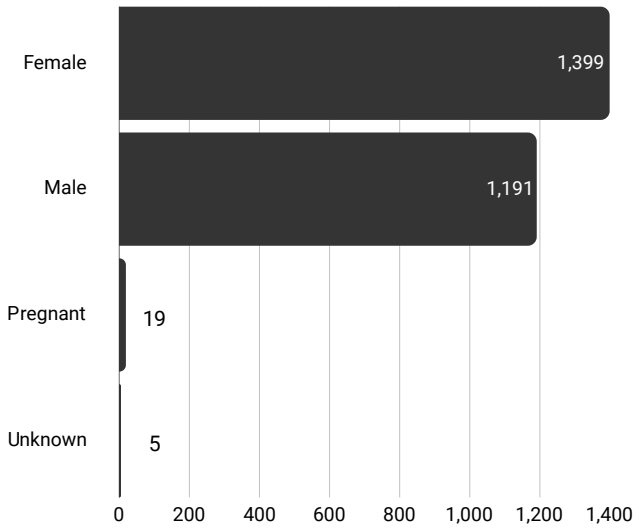
## Exposures by Age & Gender

### Human Exposures by Age Range




Adults at 20 years of age and above accounted for half of all exposure cases in March, sitting at 50.1%.

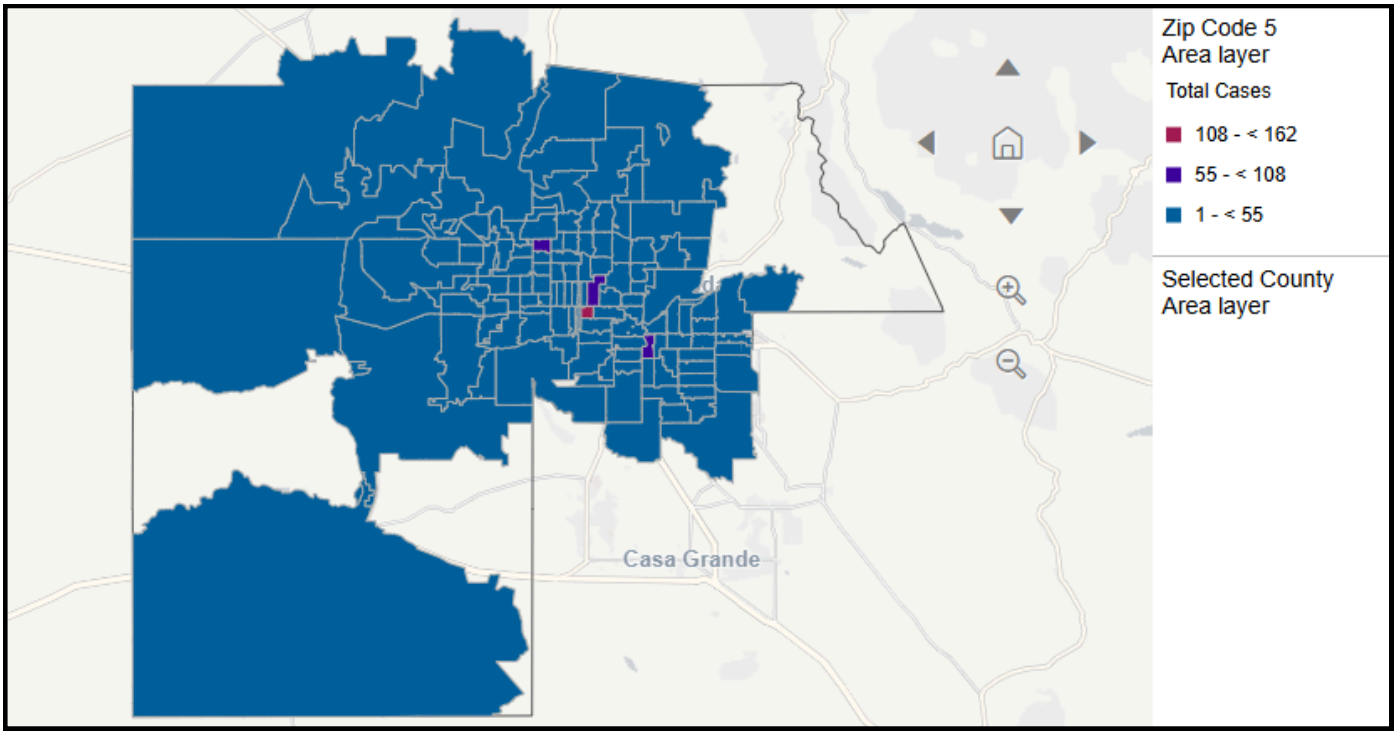
### Human Exposures by Gender




There was a female predominance in human exposure cases for the month of March, with female exposure cases accounting for 53.5% of all cases.

# MARCH 2026

## Exposures by Zip Code




The top five Maricopa County zip codes in which calls were received were 85006 (162), 85202 (72), 85016 (68), 85306 (62), and 85201 (49).