Banner Plans & Networks

Technology Tips

Tip 2: Tools to take charge of your health

Providers may offer online scheduling along with other resources through their website and patient portal. You can book check-ins, follow-ups or virtual visits *(telehealth)** from the comfort of your home.

How to schedule appointments online:

Prepare your information.
Have your information like full name, date of birth, phone number, email address and member ID card ready. If you need an email address, you can set one up at no cost with an email provider like Gmail.

Use your provider's website or portal.
Navigate to your provider's website. If needed, call your provider's office for the website address (URL) or information on how to access your portal. Look for the scheduling option. Follow the prompts to book your appointment.

Confirm your appointment.
After submitting, you should receive a confirmation message on the screen or in your email. You can call your provider to confirm your booking.

* Check out ***www.BannerHealth.com/Telehealth*** for more information on virtual visits.

Access your electronic health record. Another way to use your provider's website is to view your electronic health record. Talk with your provider about this option.

Our Customer Care Center is available for any questions you may have. The Customer Care Center phone number is on the back of your member ID card for convenience.