

At Mom's Meals®, our programs are tailored to your personal needs. Whether recovering from a hospital stay or skilled nursing facility we ensure you get the nutrition you need for better health at every stage in life.

### **Health-Specific Menus**

Dietitian designed to support the nutritional needs of most common health conditions

### Reliability

High quality, refrigerated meals arrive at your home when you need them the most

## Simple

Meals last for 14 days in the fridge—just heat, eat and enjoy in 2 minutes or less

## How it Works

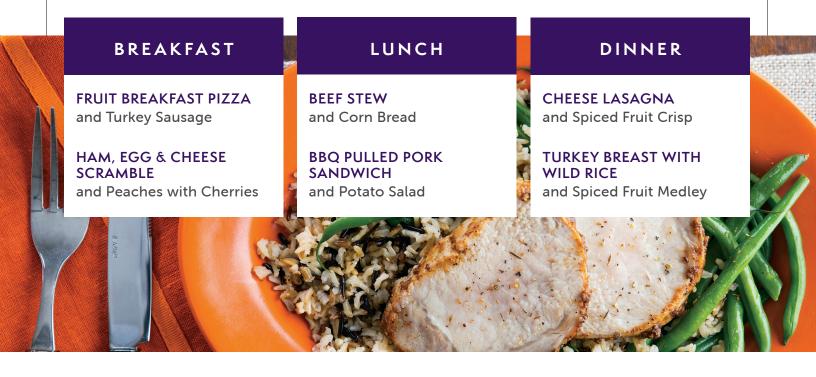
- Contact your case manager or Banner Medicare Advantage\*
- Your case manager or Banner
  Medicare Advantage will work
  with Mom's Meals
- Meals are delivered to your home



\*Meals must be ordered within 30 days of discharge from a hospital or skilled nursing facility

# Sample Menu

Your well-being is important to us. Meal by meal, bite by bite, we are with you to provide the nutrition you need.



# The Right Nutrition

Menus tailored to meet the needs of most major health conditions.



Renal-Friendly

Diabetes-Friendly

Gluten Free

Vegetarian

Pureed

Lower Sodium

Representation Cancer Support

✓ General Wellness

Mom's Meals continues
to help me heal. After
my surgery, I was told to
stay off my feet. Thanks
to the ease of your meals,
I have been able to do so.
I LOVE IT!

- Happy Customer



# Banner Medicare Advantage.

Prime HMO: (844) 549-1857 Plus PPO: (844) 549-1859

TTY 711, 8 a.m. to 8 p.m., 7 days a week