

Dial Into Diabetes

We will teach you how you can thrive with diabetes!

Banner Medicare Advantage invites you to participate in our diabetes education and management program **Dial Into Diabetes!**

What we do:

The Dial Into Diabetes program is a voluntary, no-cost service to help you with managing your health. Our goal is to assist you in feeling good today and lowering your risk for complications in the future!

Your care team of experts includes:

- Certified Diabetes Educators
- Registered Dietitian Nutritionists
- Registered Nurses
- Exercise Physiologists
- Health Coaches
- Pharmacists

The education and life skills you will learn from taking part in our program can slow down the advancement of your disease and prevent complications from developing.

After enrolling, your diabetes team will schedule telephonic visits with you. Your team will help you create a personalized Diabetes Action Plan, guiding you step by step into improved health.



To learn more about your Banner Medicare Advantage wellness benefits, please scan QR code or visit:

***[www.BannerHealth.com/
MA-Wellness-Programs](http://www.BannerHealth.com/MA-Wellness-Programs)***

Your journey to improved
health has begun!

We're glad you're here!

**To self-enroll or for more information about the program,
please call 480-684-5090.**