

Banner Medicare *messenger*

On behalf of everyone at Banner Medicare Advantage, thank you for being a part of our family in 2024!

We had a wonderful year with members and are looking forward to more opportunities in 2025.

Here are a couple of highlights to reflect on this past year:

Out in the Community. Our outreach team has attended over 80 events across Arizona.

Medicare Meet Up Events. In October, we held various informational Annual Enrollment Period events both online and in person. Members asked questions and became more informed on their benefits for the upcoming year. We saw record attendance in Tucson, Mesa, Sun City West, and Yuma!

Broker Seminars. This year, our amazing sales team scheduled over 350 seminars to help better inform members of the benefits and resources available to them.

Birthday Parties. We celebrated member birthdays in Sun City every quarter at the Banner Olive Branch Senior Center.

Wellness Academy. We launched our virtual Wellness Academy series to provide health and wellness topics to all members. Members had an opportunity to meet online with a health care expert to discuss different topics and methods to improve their overall wellbeing.

Enrollee Advisory Committee. Health plan members met with staff and executive leadership on a quarterly basis to discuss health plan changes and provide insightful feedback related to the member experience. Visit our website to join the committee in 2025!



To learn more about our upcoming events in 2025, scan the QR code or visit www.BannerHealth.com/MAMemberEvents.

Happy holidays and Happy New Year!



Dementia Care

Dementia is a term that refers to loss of cognitive functions. It affects memory, thinking, reasoning, personality, mood and behavior.

There are various risk factors that may increase your chance of developing dementia like your age and family history. However, there are other risk factors that can be controlled such as diet and exercise that may help reduce risks. While there are currently no known cures for dementia, there are treatments that can help slow disease progression.

Dealing with the effects of dementia can be overwhelming, but we are here to help. If you would like to learn more about resources available to you, please call our Dementia Care Partners team at 623-832-6500, Option 6.



Arm Yourself for Flu Season

It's that time of year again.

Flu strains change from year to year so make sure to get updated on your vaccinations to fight off this year's flu virus. If you haven't already, make sure you schedule your flu shot with your primary care physician or any Banner Urgent Care.

Visit www.BannerHealth.com/find-a-location to find a location near you.

Annual Notice of Changes

By now, you should have received your Annual Notice of Change (ANOC) in the mail. This explains any changes in your Banner Medicare Advantage plan that will be effective on January 1, 2025. Be sure to review benefit changes, check the new drug list for your prescriptions and access the directory of your in-network health teams.

If you have not received this yet, we are here to help.

Please contact our Customer Care Center.



Mammogram

What is an effective defense against breast cancer?

Early detection. A mammogram is a screening tool that can provide early detection. This procedure only takes about 20 minutes and can potentially save you a lifetime of treatments.

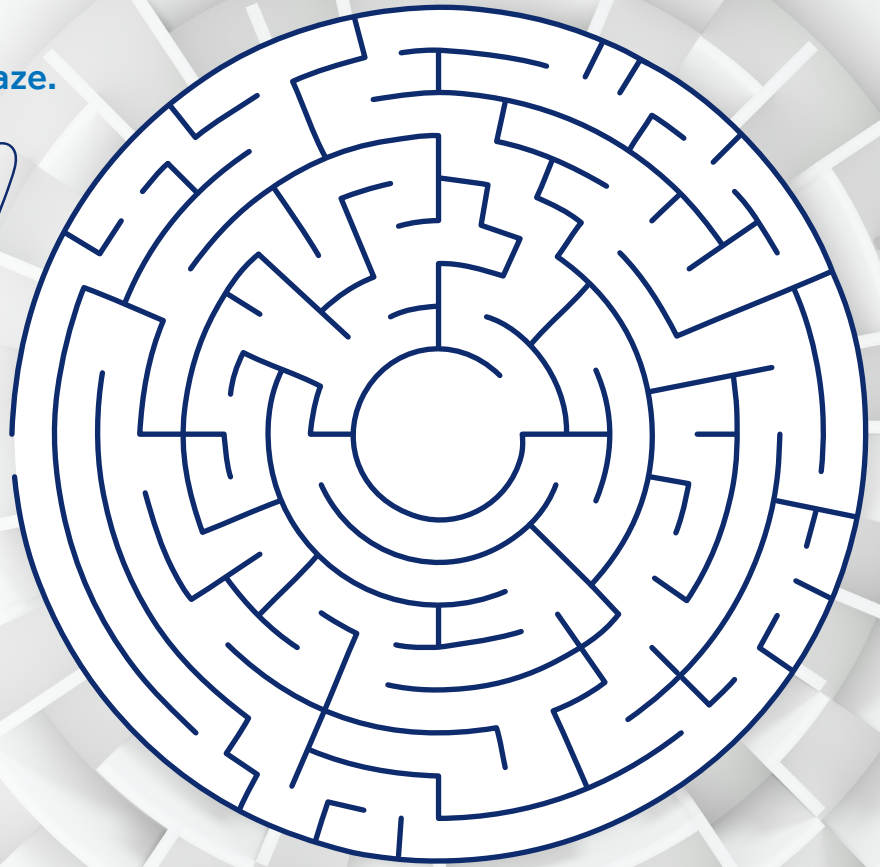
With your Banner Medicare Advantage plan, preventive screening is provided to you with no cost under in-network providers. Receive an additional \$25 on your Healthy Benefits card if you complete your visit before the end of the year. Ask your Banner Health primary care physician for a recommendation or call Customer Care Center to connect you with a provider.

There are other providers available in our network.



Maze Activity

Exercise your mind with this fun maze.



Do you have a question? We can help.

Please call our Customer Care Center. We are open from 8 a.m. to 8 p.m., seven days a week.

Banner Medicare Advantage Dual HMO D-SNP: 877-874-3930, TTY 711

Banner Medicare Advantage Prime HMO: 844-549-1857, TTY 711

Or visit us at www.BannerHealth.com/MA.



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Health and wellness or prevention information.

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Your Journey to Better Health.

Banner Medicare Advantage Newsletter
provides resources to keep you healthy.

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